

Welcome
September



Announcements & Reminders

Signing Up for Classes / Events- The following classes and events require signing up through the ICON App or by calling Life Enrichment. Residents can register for the following week's classes every Monday at 12:30PM.

- Bus Trips
 - Grocery Shopping – RSVP to Teri at Ext. 331
- Community Kitchen Classes & Events
- Creative / Art Classes
- Wellness Classes and Workshops
- Wine Tasting
 - Dinner Service – RSVP to Dining at Ext. 335

Cancelling- If your plans change and you're no longer able to attend an event you've RSVP'd for, **please remember to cancel your RSVP as soon as possible.** Many of our events have waitlists, and canceling promptly gives other residents a heads up & opportunity to participate.

Bus Trip Cost- If you sign up for an event where the tickets are purchased ahead of time and you cannot go and a replacement is not found, you will be billed accordingly.

Harvest Market to Go- Historic Bethlehem in Collaboration with Bethlehem Vintage Market are hosting a Harvest Market to Go.

Residents can access the delivery form via the app, or at the Front Desk. Order forms are due by 10AM on Thursday, September 10th and can be turned into the front desk.

The only payment accepted is checks made out to Moravian Village.

Moravian Village Singers- The first rehearsal will be held in the Chapel on Monday, September 14th at 2PM in the Chapel. The Moravian Village Singers are a community chorus with no audition required that have a lot of fun singing together and will practice for a concert held in December. New members are always welcome. Questions? Please contact Joan Bauer at 610-625-4640 or jtbauer@rcn.com.

Moravian Village Bell Choir- Bell Choir practice will kick off on Tuesday, September 15th at 3PM in the Activity Center. Residents who are interested in playing are welcome to attend!

Bus Trips

Bach at Noon- The monthly concert series hosted by the Bach Choir of Bethlehem at Central Moravian Church will begin on Tuesday, September 8th. Residents can Meet in the Atrium at 11:30AM.

Shopping & Dining at Bethlehem Square- Residents can shop at Goodwill, TJ-Maxx, Walmart, and grab a bite to eat at Frank's Pizza on Thursday, September 17th. Residents will meet in the Atrium at 12PM and return to Moravian Village around 3:30PM.

Breakfast at Essential's Café- Essential's Café's mission is to reduce food insecurity in the Lehigh Valley and to provide a place where friendships and understanding can flourish across all socio-economic groups. They strive to create a place of equality where everyone, with different gifts, abilities, and resources, has the opportunity to eat, find welcome, and contribute as volunteers.

Patrons at the Café donate what they can to eat food together in a warm and hospitable environment. Volunteers work together to grow, cook, and serve food in warm and welcoming ways.

Residents can take the bus over to Essential's Café on Friday, September 18th at 9:15AM. Moravian will be donating to Essential's Café on behalf of our residents. Please note that Essential's Café also offers pastries and baked goods available for individual purchase.

Peddler's Village- Dine, shop, and experience the Scarecrows in the Village Event as over 100 scarecrows line the brick pathways of Peddler's on Friday, September 25th. Residents will meet in the Atrium at 11AM and return to Moravian Village around 4PM.

Celtic Fest- Experience the wonder of Celtic Classic from education, musical presentations, and traditional competitions in athletics, piping and dancing on Saturday, September 26th. Residents will Meet in the Atrium at 11:45AM and return to Moravian Village around 2:30PM

Community Kitchen

Mini Focaccia Bread - Get creative in the kitchen as we make our own mini focaccia bread! Residents will shape, decorate, and bake their individual focaccia creations using fresh herbs and toppings on Friday, September 18th at 12:30PM in the Community Event Center.

Apple "Donut" Creation - Residents will use apples cut into "donut" shapes, add peanut butter or caramel, and decorate with a variety of delicious toppings on Monday, September 28th at 3PM in the Private Dining Room.

The Creative Corner

Greeting Card Group- Linda Lennon has started a greeting card creation group in which residents can meet on the first Tuesday of every month. This month's group will meet on Tuesday, August 1st

at 10AM in the Community Event Center. Residents will create cards to be given as thank you cards to staff, as well as get well cards, and various others.

Welcome Autumn Creation- Join Kara in creating a festive fall sign to brighten your room or door on Friday, September 11th at 2PM in the Private Dining Room.

Greeting Card Creation- Liz will lead residents in designing and stamping greeting cards on Wednesday, September 16th at 2PM in the 2nd Floor North Lounge.

Decoupage Pumpkins- Resident Linda will teach residents how to decoupage pumpkins on Monday, September 21st at 12:30PM in the Private Dining Room.

Dining

Labor Day Luau- Monday, September 7th from 11:30AM-1:30PM. Please call Dining at Ext. 335 for reservations.

Wine Tasting- On Monday, September 28th at 7:30PM in the Main Dining Room sample a variety of wine – led by Rob Irving.

Discussions & Presentations

Innovation and Creative Destruction: From the Industrial Revolution to AI- Resident Joe Szmania will present on Innovation & Creative Destruction and the impact of AI on Wednesday, September 2nd at 2:30PM in the Main Dining Room.

Protecting Seniors Online- The Pennsylvania Office of Homeland Security & the Pennsylvania Attorney General's Office is hosting a virtual workshop on cybercrime prevention on Wednesday,

September 9th from 1-4PM. We will be livestreaming this workshop in the Main Dining Room.

Transitions at Moravian Village- Learn and hear about caring for a loved one with memory & cognitive concerns in a resident panel moderated by Virgen and Kristel on Wednesday, September 23rd at 2:30PM in the Main Dining Room.

Events

Fraud Bingo- Join ESSA Bank in testing your scam-spotting skills while playing bingo! Learn how to recognize common frauds, scams, and red flags on Tuesday, September 15th from 10AM-12PM in the Main Dining Room.

Residents are asked to RSVP on the ICON App or call Life Enrichment.

Neighbors & Novels Book Club- Katelynn and Kara will be leading a discussion about Bittersweet by Colleen McCullough on Friday, September 18th at 2PM in the Chapel. All residents are welcome to attend!

National Coffee Day- Celebrate National Coffee Day with a build your own coffee station & coffee themed treats on Tuesday, September 29th from 9:30-11AM in the Atrium.

Health & Wellness

Salad in a Jar Workshop- Melissa will lead a workshop in Jar salads on Saturday, September 5th at 11AM in the Community Event Center. Jar Salads are a nutritious and versatile meal option that can stay fresh for up to five days. By layering a mix of fiber-rich vegetables, lean proteins, whole grains, and healthy fats, these salads promote balanced nutrition in a single container. You'll leave equipped with practical tips and a delicious jar to take home.

Residents are encouraged to bring their own mason jar if they have one, extras will be provided.

Movies

Julia & Julia- Friday, September 4th at 7PM in the Activity Center.

Frustrated with a soul-killing job, New Yorker Julie Powell embarks on a daring project: she vows to prepare all 524 recipes in Julia Child's landmark cookbook, 'Mastering the Art of French Cooking'. Intertwined with Julie's story is the true tale of how Julia Child herself conquered French cuisine with passion, fearlessness, and plenty of butter.

The Intern- Friday, September 11th at 7PM in the Activity Center.

Starting a new job can be challenging, especially if you're already retired. Looking back into the game, 70-year-old widower Ben Whittaker seizes the opportunity to become a senior intern at an online fashion site.

The Greatest Showman- Friday, September 18th at 7PM in the Activity Center.

Growing up in the early 1800s, P.T. Barnum displays a natural talent for publicity and promotion, selling lottery tickets by age 12. After trying his hands at various jobs, P.T. turns to show business to indulge his limitless imagination, rising from nothing to create the Barnum & Bailey circus.

Sound of Music- Friday, September 25th at 7PM in the Activity Center.

A young novice is sent by her convent in 1930s Austria to become a governess to the seven children of a widowed naval officer.

Spiritual Life

Bible Study- Resident Rev. Dr. Mark Summer will begin Bible Study on Monday, September 14th at 1PM in the Chapel on The Book of Proverbs.

Prayer Vigil for Peace- Spiritual Life will lead a prayer vigil for peace on Wednesday, September 16th at 2:30PM in the Chapel.

Catholic Mass- The monthly Catholic Mass will take place on Wednesday, September 23rd at 2PM.

Episcopal Service- The monthly Episcopal Service will take place on Friday, September 25th at 1PM in the Chapel.

Support Groups

Hearing Loss Support Group- David will host a hearing loss support group on Wednesday, September 2nd at 1PM in the Chapel.

Support Group for Men- On Thursday, September 10th & 24th at 10AM in the Chapel, resident Rev. Dr. Mark Summer will host a Support Group for Men.

Parkinson's Support Group- Virgen will host a Parkinson's Support Group at 11AM in the Chapel on Monday, September 14th & 28th.

Looking Ahead to October

Charity Fair- Join us for the Fourth Annual Charity Fair on October 24th from 1-4PM in the Atrium where residents and staff will be selling homemade and personal items to raise money for local charities of their choice. If you are interested in being a vendor please contact Kara Kitchen at 610-625-4891 ext.233, or at kkitchen@moravianvillage.com.

September Activities

Point 26 Suites:

Activity Center • Atrium • Chapel • Esther's Garden • Fitness Center • Gallery
Gloria's Patio • Game Room • Library • Lounges • Main Dining Room •
Private Dining Room

Market Street Cottages:

Community Event Center • Larry's Garden

Life Enrichment:

610-984-4729 | Kara's Office: 610-625-4891 ext. 233

Tuesday, 1st		
9:30-10:15AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10-10:45AM	Core with Melissa	Activity Center
10AM & 1PM	Grocery Shopping: Giant	Meet in the Atrium
10-11:30AM	Greeting Card Creation Group <i>led by Linda</i>	Card Room at the Community Event Center
11:30AM-12:15PM	Yoga Tone with Cindy	Activity Center
1-1:45PM	Total Conditioning with Casandra	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
7-8PM	Great Courses with Martin Richter: <i>"Mozart - His Life and Music"</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center

Wednesday, 2nd		
9-9:45AM	Chair Zumba with Danny	Activity Center
9-9:45AM	Circuit Training with Angie	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center

1-2PM	Hearing Loss Support Group <i>led by David</i>	Chapel
2:30PM	Presentation: Joe Szmania <i>presenting “Innovation and Creative Destruction: From the Industrial Revolution to AI”</i>	Main Dining Room

Thursday, 3rd		
9:30-10:15AM	Gentle Strength & Balance with Shelby	Wellness Room at Community Event Center
9:30-10:30AM	Tai Chi with Kevin	Activity Center
11-11:45AM	Fit & Strong Bodybuilding with Alicia	Wellness Room at Community Event Center
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
12-12:45PM	Yogalates with Alicia	Wellness Room at Community Event Center
1-1:30PM	Meditation with Kristel	Chapel
1-1:45PM	Seated Exercise with Tonya	Activity Center
2-3PM	Ping Pong	Community Event Center
7-8PM	Great Courses with Bob Burcaw: <i>“Tchaikovsky—His Life and Music”</i>	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

Friday, 4th		
9-9:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
9:40AM	Thomas Jefferson Joy Readers. <i>Registered volunteers please RSVP on the ICON App, or contact Amanda at Ext. 362.</i>	Meet in the Atrium
10-10:45AM	Chair Zumba with Danny	Activity Center
10-11AM	Community Coffee	Community Event Center
11AM-12PM	Cornhole	Atrium
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Bingo	Activity Center

3-4:30PM	Happy Hour. <i>Non-Alcoholic Beverages are available!</i>	Atrium
7PM	Movie Night: Julia & Julia	Activity Center

Saturday, 5th		
9-10:30AM	Community Coffee	Atrium
11AM-12:30PM	Salad in a Jar Workshop <i>led by Melissa</i>	Community Event Center
7PM	Cornhole	Community Event Center

Sunday, 6th		
2PM	Worship and Communion with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium

Monday, 7th Happy Labor Day! Meditation is Cancelled Full Body Stretch is Cancelled Trivia with David is Cancelled		
10-10:45AM	Chair Zumba with Danny	Community Event Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
11:30AM-1:30PM	Labor Day Luau! <i>Please RSVP to Dining at Ext. 335</i>	Main Dining Room
1-1:45PM	Seated Exercise with Tonya	Activity Center
1-2:15PM	Intermediate Bridge	Card Room at Community Event Center
1:30-2:30 PM	Community Bingo	HCC 1 st Floor Dining Room
2:30-3:30PM	Ping Pong	Community Event Center
7-9PM	Mahjong	Card Room at Community Event Center

Tuesday, 8th Wellness Class RSVPs for next week will open at 12:30PM Total Conditioning is Cancelled		
9:30-10:15AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10-10:45AM	Core with Melissa	Activity Center

9:30AM & 1:30PM	Time Change: Grocery Shopping at Valley Farm	Meet in the Atrium
11:30AM-12:15PM	Yoga Tone with Cindy	Activity Center
11:30AM-1PM	Bus Trip: Bach at Noon at Central Moravian Church	Meet in the Atrium at 11:30AM
1-2PM	Billiards & Pool	Game Room
7-8PM	Great Courses with Martin Richter : <i>"Mozart - His Life and Music"</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center

Wednesday, 9th		
9-9:45AM	Chair Zumba with Danny	Activity Center
9-9:45AM	Circuit Training with Angie	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center
1-4PM	Protecting Seniors Online Virtual Workshop <i>presented by The Pennsylvania Office of Homeland Security & the Pennsylvania Attorney General's Office</i>	Main Dining Room

Thursday, 10th		
Harvest Market Orders are due by 10AM to the Front Desk		
9:30-10:15AM	Gentle Strength & Balance with Shelby	Wellness Room at Community Event Center
9:30-10:30AM	Tai Chi with Kevin	Activity Center
10AM	Support Group for Men <i>led by Rev. Dr. Mark Summer</i>	Chapel
11-11:45AM	Fit & Strong Bodybuilding with Alicia	Wellness Room at Community Event Center
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center

12-12:45PM	Yogalates with Alicia	Wellness Room at Community Event Center
1-1:30PM	Meditation with Kristel	Chapel
1-1:45PM	Seated Exercise with Tonya	Activity Center
1:30-3PM	Stitch & Chat	2 nd Floor North Lounge
2-3PM	Ping Pong	Community Event Center
2:30-4PM	Zentangle with Maryam	ZOOM (link in ICON Calendar)
4-5:30PM	Happy Hour. <i>Non-Alcoholic Beverages are available!</i>	Community Event Center
7-8PM	Great Courses with Bob Burcaw: <i>"Tchaikovsky—His Life and Music"</i>	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

Friday, 11th		
9-9:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Chair Zumba with Danny	Activity Center
10-11AM	Community Coffee	Community Event Center
11AM-12PM	Cornhole	Atrium
11AM-12PM	Neighborhood Conversations	Community Event Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Bingo	Activity Center
2-3PM	Welcome Autumn Creation <i>led by Kara. Design a festive fall sign to brighten your room or door.</i>	Private Dining Room
7PM	Movie Night- The Intern	Activity Center

Saturday, 12th		
9-10:30AM	Community Coffee	Atrium
7PM	Cornhole	Community Event Center

Sunday, 13th		
2PM	Worship with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium

Monday, 14th Chair Zumba is Cancelled		
9:15-9:45AM	Meditation with Kristel	Wellness Room at Community Event Center
10-10:45AM	Full Body Stretch with Shelby	Activity Center
11AM-12PM	Parkinson's Support Group. <i>Hosted by Virgen</i>	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-1:45PM	Seated Exercise with Tonya	Activity Center
1-1:50PM	Bible Study - The Book of Proverbs. <i>Hosted by Rev. Dr. Mark Summer</i>	Chapel
1-2:15PM	Intermediate Bridge	Card Room at Community Event Center
1:30-2:30 PM	Community Bingo	HCC 1 st Floor Dining Room
2-3PM	Moravian Village Singers Practice. <i>All residents are welcome to join!</i>	Chapel
2:30-3:30PM	Ping Pong	Community Event Center
7-8PM	Trivia with David	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

Tuesday, 15th Great Courses is Cancelled		
9:30-10:15AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10-10:45AM	Core with Melissa	Activity Center
10AM & 1PM	Grocery Shopping: Wegmans	Meet in the Atrium
10AM-12PM	Fraud Bingo! <i>Held by ESSA Bank.</i>	Main Dining Room
11:30AM-12:15PM	Yoga Tone with Casandra	Activity Center
1-1:45PM	Total Conditioning with Casandra	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
3-4:30PM	Bell Choir Practice! <i>All residents are welcome to join!</i>	Activity Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center

Wednesday, 16th Chair Zumba is Cancelled		
9-9:45AM	Circuit Training with Angie	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center
2-3PM	Greeting Card Creation <i>led by Liz</i>	2 nd Floor North Lounge
2:30PM	Prayer Vigil for Peace <i>presented by Rev. Dr. Mark Summer & Chaplain Molly</i>	Chapel

Thursday, 17th		
9:30-10:15AM	Gentle Strength & Balance with Shelby	Wellness Room at Community Event Center
9:30-10:30AM	Tai Chi with Kevin	Activity Center
11-11:45AM	Fit & Strong Bodybuilding with Alicia	Wellness Room at Community Event Center
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
12-3:30PM	Bus Trip: Shopping & Dining at Bethlehem Square	Meet in the Atrium at 12PM
12-12:45PM	Yogalates with Alicia	Wellness Room at Community Event Center
1-1:30PM	Meditation with Kristel	Chapel
1-1:45PM	Seated Exercise with Tonya	Activity Center
2-3PM	Ping Pong	Community Event Center
7-8PM	Great Courses with Bob Burcaw: <i>"Tchaikovsky—His Life and Music"</i>	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

Friday, 18th Chair Zumba is Cancelled		
9:15AM	Bus Trip: Essential's Café *Limited to 12 Residents*	Meet in the Atrium at 9:15AM
10-11AM	Community Coffee	Community Event Center

11AM-12PM	Cornhole	Atrium
11:30AM-12:15PM	Exercise with Tonya	Activity Center
12:30-2PM	Mini Focaccia Creation <i>led by the Community Kitchen</i>	Community Event Center
1-2PM	Bingo	Activity Center
2PM	Neighbors & Novels Book Club Discussion: Bittersweet by Collen McCullough	Chapel
3-4:30PM	Happy Hour. <i>Non-Alcoholic Beverages are available!</i>	Atrium
7PM	Movie Night- The Greatest Showman	Activity Center

Saturday, 19th		
9-10:30AM	Community Coffee	Atrium
7PM	Cornhole	Community Event Center

Sunday, 20th		
2PM	Worship with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium

Monday, 21st		
9:15-9:45AM	Meditation with Kristel	Wellness Room at Community Event Center
10-10:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Full Body Stretch with Shelby	Activity Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
12:30-1:30PM	Decoupage Pumpkins <i>led by Linda</i>	Private Dining Room
1-1:45PM	Seated Exercise with Tonya	Activity Center
1-1:50PM	Bible Study- The Book of Proverbs. <i>Hosted by Rev. Dr. Mark Summer</i>	Chapel
1-2:15PM	Intermediate Bridge	Card Room at Community Event Center
1:30-2:30 PM	Community Bingo	HCC 1 st Floor Dining Room

2-3PM	Moravian Village Singers Practice. <i>All residents are welcome to join!</i>	Chapel
2:30-3:30PM	Ping Pong	Community Event Center
7-8PM	Trivia with David	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

Tuesday, 22nd		
9:30-10:15AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10-10:45AM	Core with Melissa	Activity Center
10AM & 1PM	Grocery Shopping: Weis	Meet in the Atrium
11:30AM-12:15PM	Yoga Tone with Cindy	Activity Center
1-1:45PM	Total Conditioning with Casandra	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
3-4:30PM	Bell Choir Practice! <i>All residents are welcome to join!</i>	Activity Center
7-8PM	Great Courses with Martin Richter: <i>"Mozart - His Life and Music"</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center

Wednesday, 23rd		
9-9:45AM	Chair Zumba with Danny	Activity Center
9-9:45AM	Circuit Training with Angie	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center
2-2:30PM	Catholic Mass	Chapel
2:30PM	Resident Panel <i>moderated by Virgen and Kristel</i>	Main Dining Room

Thursday, 24th		
9:30-10:15AM	Gentle Strength & Balance with Shelby	Wellness Room at Community Event Center
9:30-10:30AM	Tai Chi with Kevin	Activity Center
10AM	Support Group for Men <i>led by Rev. Dr. Mark Summer</i>	Chapel
11-11:45AM	Fit & Strong Bodybuilding with Alicia	Wellness Room at Community Event Center
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
12-12:45PM	Yogalates with Alicia	Wellness Room at Community Event Center
1-1:30PM	Meditation with Kristel	Chapel
1-1:45PM	Seated Exercise with Tonya	Activity Center
1:15PM	Broughal Buddies. <i>Registered volunteers please RSVP on the ICON App, or contact Amanda at Ext. 362.</i>	Meet in the Atrium
1:30-3PM	Stitch & Chat	2 nd Floor North Lounge
2-3PM	Ping Pong	Community Event Center
2:30-4PM	Zentangle with Maryam	ZOOM (link in ICON Calendar)
4-5:30PM	Happy Hour. <i>Non-Alcoholic Beverages are available!</i>	Community Event Center
7-8PM	Great Courses with Bob Burcaw: <i>"Tchaikovsky—His Life and Music"</i>	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

Friday, 25th		
9-9:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Chair Zumba with Danny	Activity Center
10-11AM	Community Coffee	Community Event Center
11AM-4PM	Bus Trip: Peddler's Village. <i>Scarecrows in the Village are on display during the visit.</i>	Meet in the Atrium at 11AM
11AM-12PM	Cornhole	Atrium
11AM-12PM	Neighborhood Conversations	Community Event Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center

1-1:30PM	Episcopal Service with Communion	Chapel
1-2PM	Bingo	Activity Center
7PM	Movie Night- Sound of Music	Activity Center

Saturday, 26th		
9-10:30AM	Community Coffee	Atrium
7PM	Cornhole	Community Event Center

Sunday, 27th		
2PM	Worship with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium

Monday, 28th		
Full Body Stretch is Cancelled		
9:15-9:45AM	Meditation with Kristel	Wellness Room at Community Event Center
10-10:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
11AM-12PM	Parkinson's Support Group. <i>Hosted by Virgen</i>	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-1:45PM	Seated Exercise with Tonya	Activity Center
1-1:50PM	Bible Study- The Book of Proverbs. <i>Hosted by Rev. Dr. Mark Summer</i>	Chapel
1-2:15PM	Intermediate Bridge	Card Room at Community Event Center
1:30-2:30 PM	Community Bingo	HCC 1 st Floor Dining Room
2-3PM	Moravian Village Singers Practice. <i>All residents are welcome to join!</i>	Chapel
2:30-3:30PM	Ping Pong	Community Event Center
3-4PM	Apple "Donut" Creation <i>led by the Community Kitchen</i>	Private Dining Room
6:30-7:30PM	Time Change: Trivia with David	Atrium
7:30PM	Wine Tasting with Rob	Main Dining Room
7-9PM	Mahjong	Card Room at Community Event Center

Tuesday, 29th		
9:30-10:15AM	Tai Chi with Kevin	Wellness Room at Community Event Center
9:30-11AM	National Coffee Day! <i>Enjoy a build your own coffee station & coffee themed treats.</i>	Atrium
10-10:45AM	Core with Melissa	Activity Center
10AM & 1PM	Grocery Shopping: Giant	Meet in the Atrium
11:30AM-12:15PM	Yoga Tone with Cindy	Activity Center
1-1:45PM	Total Conditioning with Casandra	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
3-4:30PM	Bell Choir Practice! <i>All residents are welcome to join!</i>	Activity Center
7-8PM	Great Courses with Martin Richter : <i>"Mozart - His Life and Music"</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center

Wednesday, 30th		
9-9:45AM	Chair Zumba with Danny	Activity Center
9-9:45AM	Circuit Training with Angie	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center

