



# JUNE

*Calendar*

# June Events

## Bus Trips:

**Iron Pigs-** Residents who previously signed up for the Friday, June 5<sup>th</sup> game will meet in the Atrium at 5:30PM.

**Flag Day Concert-** Enjoy the patriotic performance of the season with the famous Allentown Band, performed under the direction of Ronald Demkee on Saturday, June 6<sup>th</sup>. Residents will meet in the Atrium at 12:45PM.

**Peddler's Village-** On Friday, June 19<sup>th</sup> at 11AM, residents can meet in the Atrium to take a trip to Peddler's Village, where they can shop, enjoy lunch, and view the "Sights in the Sand" display created by world-renowned sand artists and will celebrate the iconic landmarks and history of our nation, now in its 250<sup>th</sup> year.

**Hunkajunk Band-** Hunkajunk is a 7-9 piece band of seasoned performers blazing their way through a diverse repertoire of select retro hits, modern classics, and original jams on Thursday, June 25<sup>th</sup> at 7PM at Levitt Pavillion. Residents will meet in the Atrium at 7PM.

## Bus Trip in July:

**Liberty Ignited-** The Lehigh Valley IronPigs are excited to introduce Liberty Ignited, the region's largest drone and fireworks show ever in partnership with Discover Lehigh Valley®, Lehigh County, and America250PA, slated to blast off on July 3<sup>rd</sup> in celebration of America's 250<sup>th</sup> birthday. Residents can RSVP through the ICON App or call Life Enrichment. Residents will be charged \$23 to their monthly statement and will meet in the Atrium at 5:15PM.

## Community Kitchen:

**Summer Pizzelle Creation-**Join Kara, Betsy, and Kate in making and decorating pizzelles on Friday, June 5<sup>th</sup> at 2PM in the Private Dining Room.

**Celebrating Strawberries-** Join Kara, Betsy, and Kate in creating strawberry shortcake desserts on Monday, June 22<sup>nd</sup> at 2PM in the Community Event Center.

### **Creative Expressions:**

**Mason Jar Flower Wreath Creation-** Residents will be able to create a flower wreath just in time for summer on Wednesday, June 3<sup>rd</sup> at 2PM in the Private Dining Room.

**Greeting Cards-** Residents will be able to craft a variety of greeting cards on Tuesday, June 9<sup>th</sup> at 1PM in the 2<sup>nd</sup> Floor North Lounge.

**Paint & Sip with Kelsey-** Join Kelsey, from The Art Den, a creative studio in Nazareth in a guided painting of patriotic flowers on Tuesday, June 16<sup>th</sup> at 2PM in the Activity Center. No experience is necessary and residents will be guided through the painting process from start to finish.

**Collage Creation-** Emma Ryan, a papermaker and mixed media artist, will be teaching a collage-making class on Saturday, June 20<sup>th</sup> at 11AM in the Activity Center.

### **Dining:**

**Father's Day BBQ Lunch-** On Sunday, June 21<sup>st</sup> from 11:30AM-1:30PM. Please call Dining at Ext. 335 for reservations.

**Wine Tasting-** Join Rob in a sampling of different wines on Monday, June 29<sup>th</sup> at 7:30PM in the Main Dining Room. RSVP on the ICON App or call Life Enrichment.

### **Entertainment:**

**Bell Choir Concert-** Enjoy an afternoon of beautiful music as the Moravian Village Bell Ringers present a special concert on Tuesday, June 2<sup>nd</sup> at 3PM in the Atrium.

**Choir Concert-** Join the Moravian Village Singers as they perform their annual spring Concert on Monday, June 15<sup>th</sup> at 2PM in the Atrium. Join us for an inspiring afternoon filled with favorite songs.

## **Events:**

**Iced Tea & Lemonade Social-** Celebrate National Iced Tea Day with a create your own station featuring fruits, syrups, and more on Wednesday, June 10<sup>th</sup> at 3PM in Esther's Garden.

**Phillies Watch Party-** Join Life Enrichment to watch the Phillies play against the Nationals on Monday, June 22<sup>nd</sup> at 6:30PM. Residents can enjoy ballpark snacks and watch the game on Gloria's Patio or the Atrium TVs!

**Self-Care with Caitlin-** Caitlin will host a relaxing day of pampering for residents on Tuesday, June 23 at 2PM in the Private Dining Room. Residents will learn a step-by-step makeup class where residents can learn how to enhance their natural beauty. Residents can come with a bare face, or makeup remover will be available. Residents will be guided through different makeup steps and will leave the class having learned how to enhance natural beauty.

**Neighbors & Novels Book Club-** Join Katelynn and Kara in an interactive discussion about Missing You by Harlan Coben on Friday, June 19<sup>th</sup> at 2PM in the Chapel.

## **Movies:**

**Late Bloomers-** Friday, June 5<sup>th</sup> at 7PM in the Activity Center. Louise, a struggling 28-year-old musician, lands in a physical therapy ward after an accident, where she's paired with Antonina, a stubborn elderly woman who speaks no English. Their unlikely bond forces Louise to confront aging, responsibility, and her own path forward.

**The Peanut Butter Falcon-** Friday, June 12<sup>th</sup> at 7PM in the Activity Center. Zak, a man with Down syndrome, runs away from a residential nursing home to pursue his dream of becoming a wrestler. Later, he meets with an outlaw who becomes his friend and coach.

**The Best Exotic Marigold Hotel-** Friday, June 19<sup>th</sup> at 7PM in the Activity Center. Seven elderly British retirees travel to India to take up residence in what they believe is a newly restored hotel. Less luxurious than advertised, the Marigold Hotel nevertheless slowly begins to charm in unexpected ways.

**The Leisure Seeker-** Friday, June 26<sup>th</sup> at 7PM in the Activity Center. An elderly couple, John and Ella, go on a road trip from Massachusetts to Florida to see Ernest Hemingway's residence in Key West. On their way, they muse on their relationships, learn hidden secrets about each other, and encounter new experiences while coping with John's memory loss and Ella's terminal cancer.

### **Presentations:**

**Funny Farm Apiaries-** Discover the sweet story behind locally crafted, raw honey by Funny Farm Apiaries! This engaging presentation on Monday, June 8<sup>th</sup> at 2:30PM in the Dining Room will teach you about different bees in the hive and their purpose, the process of honey being made, how wax is made, and the differences between a honeybee and other bees.

**Cybersecurity-** Explore the essentials of cybersecurity in today's digital world with Dan Soos, CEO, on Wednesday, June 17<sup>th</sup> at 2:30PM in the Main Dining Room. This presentation will cover common online threats, practical tips for protecting personal information, and simple strategies to stay safe while using technology.

**The Many Faces of Dementia-** Join Sherry Mack, Sales/Marketing/Outreach Liaison for Visiting Angels Bethlehem/Monroe in a discussion surrounding what Dementia is, normal vs. not normal aging, behaviors, sundowning, and how to connect with those who have a cognitive concern on Wednesday, June 24<sup>th</sup> at 2:30PM in the Main Dining Room,

### **Spiritual Life:**

**Catholic Mass-** The monthly service will take place on Tuesday, June 9<sup>th</sup> at 2PM in the Chapel.

**Quarterly Memorial Service-** On Sunday, June 14<sup>th</sup> residents can gather in the Chapel at 2PM for a memorial service.

**Episcopal Service-** The monthly service will take place on Friday, June 26<sup>th</sup> at 1PM in the Chapel.

### **Support Groups:**

**Hearing Loss Support Group-** David will lead his monthly support group on Wednesday, June 3<sup>rd</sup> at 1PM in the Chapel.

**Parkinson's Support Group-** Virgen will lead her bi-weekly support group on Monday, June 8<sup>th</sup> at 11AM, and Monday, June 22<sup>nd</sup> at 11AM in the Chapel.

### **Wellness:**

**Meditation Retreat** - Join the Bethlehem Present Heart Sangha for a Retreat on Saturday, June 6<sup>th</sup> from 11:30AM-2:30PM in Gloria's Patio (weather permitting).

**Mason Jar Burrito Bowl Workshop-** Join Katherine in learning how to make mason jar burrito bowls for a healthy, quick lunch or dinner on Saturday, June 27<sup>th</sup> at 11AM in the Community Event Center.

# June Events & Activities

**Point 26 Suites:**

Activity Center • Atrium • Chapel • Esther’s Garden • Fitness Center • Gallery  
 Gloria’s Patio • Game Room • Library • Lounges • Main Dining Room •  
 Private Dining Room

**Market Street Cottages:**

Community Event Center • Larry’s Garden

**Life Enrichment:**

610-984-4729 | Kara’s Office: 610-625-4891 ext. 233

<b>Monday, 1<sup>st</sup> Circuit Training is Cancelled</b>		
9:15-9:45AM	Meditation with Kristel	Wellness Room at Community Event Center
10-10:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Full Body Stretch with Shelby	Activity Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2:15PM	Intermediate Bridge	Card Room at Community Event Center
1:30-2:30PM	Community Bingo	HCC 1 <sup>st</sup> Floor Dining Room
2-3PM	Moravian Village Singers Choir Rehearsal	Atrium
2:30-3:30PM	Ping Pong	Community Event Center
7-8PM	Trivia with David	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

<b>Tuesday, 2<sup>nd</sup></b>		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10AM & 1PM	Grocery Shopping: Giant	Meet in the Atrium
11:30AM-12:15PM	Yoga Tone with Cindy	Activity Center
1-1:45PM	Total Conditioning with Casandra	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
3PM	Bell Choir Concert	Atrium

<b>Tuesday, 2<sup>nd</sup> (Continued)</b>		
7-8PM	Great Courses with Martin Richter: <i>"The Celtic World"</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center

<b>Wednesday, 3<sup>rd</sup></b>		
9-9:45AM	Chair Zumba with Danny	Activity Center
9-9:45AM	Circuit Training with Angie	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center
1-2PM	<b>Hearing Loss Support Group</b> <i>led by David Seaman</i>	Chapel
2PM	<b>Mason Jar Flower Wreath Creation</b> <i>led by Kara</i>	Private Dining Room
7-8PM	Around the World with David	Activity Center

<b>Thursday, 4<sup>th</sup></b>		
9:30-10:15AM	Gentle Strength & Balance with Shelby	Wellness Room at Community Event Center
9:30-10:30AM	Tai Chi with Kevin	Activity Center
10:30-11:30AM	<b>Suite Resident Association Meeting</b>	Main Dining Room
11-11:45AM	Fit & Strong Bodybuilding with Angie	Wellness Room at Community Event Center
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
1-1:30PM	Meditation with Kristel	Chapel
1-1:45PM	Seated Exercise with Athena	Activity Center
2-3PM	Ping Pong	Community Event Center
2:30-4PM	Zentangle with Maryam	ZOOM (link in ICON Calendar)
4-5:30PM	<b>Happy Hour.</b> <i>Non-Alcoholic Beverages are available!</i>	Community Event Center
7-8PM	Great Courses with Bob Burcaw: <i>"Wonders of the National Parks"</i>	Activity Center

<b>Thursday, 4<sup>th</sup> (Continued)</b>		
7-9PM	Mahjong	Card Room at Community Event Center

<b>Friday, 5<sup>th</sup></b>		
9-9:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Chair Zumba with Danny	Activity Center
10-11AM	Community Coffee	Community Event Center
11AM-12PM	Cornhole	Atrium
11:30AM-12:15PM	Exercise with Athena	Activity Center
1-2PM	Bingo	Activity Center
2PM	<b>Summer Pizzelle Creation</b> <i>led by the Community Kitchen</i>	Private Dining Room
5:30PM	<b>Bus Trip:</b> Iron Pigs Game. <i>For previously registered residents.</i>	Meet in the Atrium at 5:30PM
7PM	<b>Movie Night:</b> Late Bloomers	Activity Center

<b>Saturday, 6<sup>th</sup></b>		
9-10:30AM	Community Coffee	Atrium
11:30AM-2:30PM	<b>Meditation Retreat</b> <i>presented by Present Heart Sangha</i>	Chapel
12:45PM	<b>Bus Trip:</b> Flag Day Concert at ArtsQuest	Meet in the Atrium
7PM	Cornhole	Community Event Center

<b>Sunday, 7<sup>th</sup></b>		
2PM	Worship and Communion with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium

<b>Monday, 8<sup>th</sup> Exercise with Tonya is Cancelled</b>		
9:15-9:45AM	Meditation with Kristel	Wellness Room at Community Event Center
10-10:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Full Body Stretch with Shelby	Activity Center

<b>Monday, 8<sup>th</sup> (Continued)</b>		
11AM-12PM	Parkinson's Support Group. <i>Hosted by Virgen Quiñones</i>	Chapel
1-1:45PM	Circuit Training with Angie	Activity Center
1-2:15PM	Intermediate Bridge	Card Room at Community Event Center
1:30-2:30PM	Community Bingo	HCC 1 <sup>st</sup> Floor Dining Room
2:30-3:30PM	<b>Guest Speaker:</b> Funny Farm Apiaries	Main Dining Room
2:30-3:30PM	Ping Pong	Community Event Center
3:30-4:30PM	<b>Time Change:</b> Moravian Village Singers Choir Rehearsal	Chapel
7-8PM	Trivia with David	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

<b>Tuesday, 9<sup>th</sup></b>		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10AM & 1PM	Grocery Shopping: Wegmans	Meet in the Atrium
11:30AM-12:15PM	Yoga Tone with Cindy	Activity Center
1-1:45PM	Total Conditioning with Casandra	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
1-2PM	<b>Greeting Card Creation</b> <i>led by Liz</i>	2 <sup>nd</sup> Floor North Lounge
2-2:30PM	<b>Catholic Mass</b>	Chapel
7-8PM	Great Courses with Martin Richter: <i>"The Celtic World"</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center

<b>Wednesday, 10<sup>th</sup></b>		
9-9:45AM	Chair Zumba with Danny	Activity Center
9-9:45AM	Circuit Training with Angie	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center

<b>Wednesday, 10<sup>th</sup> (Continued)</b>		
3PM	<b>Iced Tea &amp; Lemonade Social!</b> <i>Celebrate National Iced Tea Day with a create-your-own station.</i>	Esther's Garden
7-8PM	Around the World with David	Activity Center

<b>Thursday, 11<sup>th</sup> Zentangle is Cancelled</b>		
9:30-10:15AM	Gentle Strength & Balance with Shelby	Wellness Room at Community Event Center
9:30-10:30AM	Tai Chi with Kevin	Activity Center
11-11:45AM	Fit & Strong Bodybuilding with Angie	Wellness Room at Community Event Center
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
1-1:30PM	Meditation with Kristel	Chapel
1-1:45PM	Seated Exercise with Tonya	Activity Center
1:30-3PM	Stitch & Chat	2 <sup>nd</sup> Floor North Lounge
2-3PM	Ping Pong	Community Event Center
7-8PM	Great Courses with Bob Burcaw: <i>"Wonders of the National Parks"</i>	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

<b>Friday, 12<sup>th</sup></b>		
9-9:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Chair Zumba with Danny	Activity Center
10-11AM	Community Coffee	Community Event Center
11AM-12PM	Cornhole	Atrium
11AM-12PM	<b>Neighborhood Conversations</b>	Community Event Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Bingo	Activity Center
3-4:30PM	<b>Happy Hour. Non-Alcoholic Beverages are available!</b>	Atrium
7PM	<b>Movie Night-</b> The Peanut Butter Falcon	Activity Center

<b>Saturday, 13<sup>th</sup></b>		
9-10:30AM	Community Coffee	Atrium
7PM	Cornhole	Community Event Center

<b>Sunday, 14<sup>th</sup></b>		
2PM	Quarterly Memorial Service <i>led by Chaplain Molly</i>	Chapel
2:45-3:30PM	Community Fellowship	Atrium

<b>Monday, 15<sup>th</sup> Chair Zumba, Circuit, &amp; Community Bingo is Cancelled</b>		
9:15-9:45AM	Meditation with Kristel	Wellness Room at Community Event Center
10-10:45AM	Full Body Stretch with Shelby	Activity Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2:15PM	Intermediate Bridge	Card Room at Community Event Center
2PM	<b>Moravian Village Choir Concert</b>	Atrium
2:30-3:30PM	Ping Pong	Community Event Center
7-8PM	Trivia with David	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

<b>Tuesday, 16<sup>th</sup></b>		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10AM & 1PM	Grocery Shopping: Valley Farms	Meet in the Atrium
11:30AM-12:15PM	Yoga Tone with Cindy	Activity Center
1-1:45PM	Total Conditioning with Casandra	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
2-3:30PM	<b>Paint &amp; Sip with Kelsey</b>	Activity Center
7-8PM	Great Courses with Martin Richter: <i>"The Celtic World"</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center

<b>Wednesday, 17<sup>th</sup> Chair Zumba &amp; Circuit Training are Cancelled</b>		
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center
2:30PM	<b>Cybersecurity Presentation</b> <i>led by Dan Soos, CEO</i>	Main Dining Room
7-8PM	Around the World with David	Activity Center

<b>Thursday, 18<sup>th</sup> Meditation &amp; Fit and Strong are Cancelled</b>		
9:30-10:15AM	Gentle Strength & Balance with Shelby	Wellness Room at Community Event Center
9:30-10:30AM	Tai Chi with Kevin	Activity Center
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
1-1:45PM	Seated Exercise with Tonya	Activity Center
2-3PM	Ping Pong	Community Event Center
2:30-4PM	Zentangle with Maryam	ZOOM (link in ICON Calendar)
4-5:30PM	<b>Happy Hour.</b> <i>Non-Alcoholic Beverages are available!</i>	Community Event Center
7-8PM	Great Courses with Bob Burcaw: <i>"Wonders of the National Parks"</i>	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

<b>Friday, 19<sup>th</sup> Chair Zumba is Cancelled</b>		
10-11AM	Community Coffee	Community Event Center
11AM-12PM	Cornhole	Atrium
11AM-4PM	<b>Bus Trip:</b> Peddler's Village	Meet in the Atrium at 11AM
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Bingo	Activity Center
2PM	<b>Neighbors &amp; Novels Book Club Discussion</b> – <i>For residents who read Missing You by Harlan Coben</i>	Chapel

<b>Friday, 19<sup>th</sup> (Continued)</b>		
7PM	<b>Movie Night:</b> The Best Exotic Marigold Hotel	Activity Center

<b>Saturday, 20<sup>th</sup></b>		
9-10:30AM	Community Coffee	Atrium
11AM	<b>Collage Creation</b> led by Emma Ryan	Activity Center
7PM	Cornhole	Community Event Center

<b>Sunday, 21<sup>st</sup></b>		
11:30AM-1:30PM	<b>Father's Day Lunch.</b> Please call Ext. 335 for reservations.	Main Dining Room
2PM	Worship with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium

<b>Monday, 22<sup>nd</sup> Full Body Stretch is Cancelled</b>		
9:15-9:45AM	Meditation with Kristel	Wellness Room at Community Event Center
10-10:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
11AM-12PM	Parkinson's Support Group. Hosted by Virgen Quiñones	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-1:45PM	Circuit Training with Angie	Activity Center
1-2:15PM	Intermediate Bridge	Card Room at Community Event Center
1:30-2:30PM	Community Bingo	HCC 1 <sup>st</sup> Floor Dining Room
2-3PM	<b>Strawberry Celebration</b> led by the Community Kitchen	Community Event Center
2:30-3:30PM	Ping Pong	Community Event Center
6:30PM	<b>Phillies Watch Party!</b> Enjoy ballpark snacks and watch the Phillies vs. Nationals Game.	Atrium or North Patio
7-8PM	Trivia with David	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

<b>Tuesday, 23<sup>rd</sup></b>		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10AM & 1PM	Grocery Shopping: Giant	Meet in the Atrium
11:30AM-12:15PM	Yoga Tone with	Activity Center
1-1:45PM	Total Conditioning with Casandra	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
2-3PM	<b>Self-Care with Caitlin.</b> <i>Makeup, Skincare, and Facials 101!</i>	Private Dining Room
7-8PM	Great Courses with Martin Richter: <i>"The Celtic World"</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center

<b>Wednesday, 24<sup>th</sup></b>		
9-9:45AM	Chair Zumba with Danny	Activity Center
9-9:45AM	Circuit Training with Angie	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center
2:30PM	<b>Presentation:</b> Sherry Mack <i>presenting on The Many Faces of Dementia</i>	Main Dining Room
7-8PM	Around the World with David	Activity Center

<b>Thursday, 25<sup>th</sup> Gentle Stretch &amp; Balance is Cancelled</b>		
9:30-10:30AM	Tai Chi with Kevin	Activity Center
11-11:45AM	Fit & Strong Bodybuilding with Angie	Wellness Room at Community Event Center
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
1-1:30PM	Meditation with Kristel	Chapel
1-1:45PM	Seated Exercise with Tonya	Activity Center
1:30-3PM	Stitch & Chat	2 <sup>nd</sup> Floor North Lounge
2-3PM	Ping Pong	Community Event Center

<b>Thursday, 25<sup>th</sup> (Continued)</b>		
2:30-4PM	Zentangle with Maryam	ZOOM (link in ICON Calendar)
3-4PM	<b>Women's Caregiver Support Group</b> <i>led by Kristel Seagreaves</i>	Chapel
7-8PM	Great Courses with Bob Burcaw: <i>"Wonders of the National Parks"</i>	Activity Center
7-9PM	<b>Bus Trip:</b> Hunkajunks Performance at Levitt Pavillion	Meet in the Atrium
7-9PM	Mahjong	Card Room at Community Event Center

<b>Friday, 26<sup>th</sup></b>		
9-9:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Chair Zumba with Danny	Activity Center
10-11AM	Community Coffee	Community Event Center
11AM-12PM	Cornhole	Atrium
11AM-12PM	<b>Neighborhood Conversations</b>	Community Event Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-1:30PM	<b>Episcopal Service with Communion</b>	Chapel
1-2PM	Bingo	Activity Center
3-4:30PM	<b>Happy Hour.</b> <i>Non-Alcoholic Beverages are available!</i>	Atrium
7PM	<b>Movie Night-</b> The Leisure Seeker	Activity Center

<b>Saturday, 27<sup>th</sup></b>		
9-10:30AM	Community Coffee	Atrium
11AM	Mason Jar Burrito Bowl Workshop <i>led by Katherine</i>	Community Event Center
7PM	Cornhole	Community Event Center

<b>Sunday, 28<sup>th</sup></b>		
2PM	Worship with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium

<b>Monday, 29<sup>th</sup> Circuit Training is Cancelled</b>		
9:15-9:45AM	Meditation with Kristel	Wellness Room at Community Event Center
10-10:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Full Body Stretch with Shelby	Activity Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2:15PM	Intermediate Bridge	Card Room at Community Event Center
1:30-2:30PM	Community Bingo	HCC 1 <sup>st</sup> Floor Dining Room
2:30-3:30PM	Ping Pong	Community Event Center
6:30-7:30PM	Trivia with David	Atrium
7:30-8:30PM	<b>Wine Tasting with Rob</b>	Main Dining Room
7-9PM	Mahjong	Card Room at Community Event Center

<b>Tuesday, 30<sup>th</sup></b>		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10AM & 1PM	Grocery Shopping: Wegmans	Meet in the Atrium
11:30AM-12:15PM	Yoga Tone with	Activity Center
1-1:45PM	Total Conditioning with Casandra	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
7-8PM	Great Courses with Martin Richter: <i>"The Celtic World"</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center