



# April

## CALENDAR





## **Road to the Wild West**

Events with a cowboy hat next to it are part of the lead-up to our Wild West Soiree. Saddle up and join us for all the fun as we ride towards the big celebration!

**RSVP to the Soiree-** Residents can RSVP through the ICON App or reach out to Katelynn for assistance to confirm your attendance.

## **Announcements**

**Neighbors and Novels Book Club-** Turn the page on a new opportunity to connect and enjoy great stories together! Join our new Book Club, led by Life Enrichment Manager Kara and Resident Relations Manager Katelynn. Each month, residents will gather for lively conversation, thoughtful discussion, and the joy of exploring a new book as a community. The first meeting will take place on Friday April 17<sup>th</sup> at 2:30PM in the Activity Center and will outline how the club will work, and we will reveal the first book chosen! **The Neighbors and Novels Book Club is limited to 12 residents, please sign up on the ICON App, or call Kara at Ext. 233.**

## **Bus Trips**

**To sign up for Bus Trips please RSVP on the ICON App, or call Life Enrichment.**

**Something Rotten at Freedom High School-** Support Freedom High School on Friday, April 10<sup>th</sup>. Residents will meet in the Atrium at 6:30PM. Something Rotten is about two brothers set out to write the world's first musical in this hilarious show of sixteenth-century Shakespeare and twenty-first-century Broadway.

**Bach at Noon-** On Tuesday, April 14<sup>th</sup> residents can enjoy a concert by the Bach Choir. Residents will meet in the Atrium at 11:30AM.

**Cinderella at Liberty High School-** Support Liberty High School on Wednesday, April 15<sup>th</sup>. Residents will meet in the Atrium at 5:30PM. This Cinderella story features a refreshed script with new characters and surprising plot twists, this Cinderella is a heroine who leads with courage, compassion, and kindness, proving that empathy and integrity can truly change the world.

**Peddler's Village-** On Saturday, April 25<sup>th</sup> at 11AM, residents can meet in the Atrium to take a trip to Peddler's Village, where they can shop, enjoy lunch, and view the Birdhouse Competition "Best of the Nest" displays throughout the Village.

### **Community Kitchen**

**To sign up for Community Kitchen classes, RSVP on the ICON App, or call Life Enrichment.**



**Tea & Tumbleweeds-** Residents are invited to gather for a delightful afternoon featuring a variety of Western-inspired treats served with a touch of rustic elegance. From sweet and savory bites to warm or iced tea and lively conversation, this gathering brings a little Wild West charm to the table on Saturday, April 11<sup>th</sup> at 1PM in the Private Dining Room. This experience is limited to twelve residents and residents can RSVP through the ICON App, or by calling Life Enrichment.



**Cowboy Caviar-** Saddle up for a flavorful, hands-on cooking experience inspired by the bold tastes of the Southwest on Tuesday, April 21<sup>st</sup> at 2:30PM in the Community Event Center! In this class, residents will learn how to make Texas Caviar, also known as Cowboy Caviar — a colorful, fresh, and zesty dip packed with black beans, corn, tomatoes, peppers, and a tangy homemade dressing. After creating their own delicious blend, residents will package it up and take their creation home.



**Western Cookie Decorating-** It's a Wild West cookie round-up! Join Sweet Girlz Bakery in decorating western-themed cookies on Thursday, April 23<sup>rd</sup> at 3PM in the Activity Center.

### **Creative Expressions**

**To sign up for Creative Expression classes, RSVP on the ICON App, or call Life Enrichment.**

**Greeting Card Creation-** Liz will provide residents with materials to create a variety of greeting cards on Tuesday, April 7<sup>th</sup> at 2PM in the 2<sup>nd</sup> Floor North Lounge.

**Easter Centerpiece Creation-** Kara will lead residents in creating an easter centerpiece featuring a bunny, florals, and easter eggs on Thursday, April 2<sup>nd</sup> at 2:30PM in the Private Dining Room.

**Cards with a Purpose-** Join Linda Lennon in creating greeting cards to be donated to a variety of organizations on Tuesday, April 14<sup>th</sup> at 2:30PM in the Community Event Center.

### **Dining**

**Passover Seder Dinner-** On Thursday, April 2<sup>nd</sup> at 6PM there will be a Passover Seder Dinner held in the Upper Deck. Interested residents should call Dining at Ext. 335.

**Easter Lunch-** On Sunday, April 5<sup>th</sup> from 11:30AM-1:30PM Easter Lunch will be served in the Main Dining Room. Please call Dining at Ext. 335 for reservations.

**Chef's Table-** Join Chef Pete for a 5-course pairing menu on Thursday, April 16<sup>th</sup> at 6PM. This experience is limited to 20 residents, and meal plans are not accepted. Interested residents

should call Dining at Ext. 335. The cost of the pairing is \$50 will be billed to your monthly statement.

**Dining Room Closure-** The Main Dining Room will be closed on Thursday, April 23<sup>rd</sup> for Dinner. A Lunch buffet will be offered from 11:30AM-1:30PM, residents can call Ext. 335 for reservations.



**Saddle Up & Sip** - Kick up your boots and sip into the spirit of the Wild West! Join Rob & Kara on Monday, April 27<sup>th</sup> at 7:30PM in the Main Dining Room for a Western Cocktail Tasting. From smoky classics to sweet Southern sips it's a night you don't want to miss. Please RSVP on the ICON App or by calling Life Enrichment.

### **Entertainment**

**Danny Grae-** Join Danny Grae for an evening of music on Friday, April 17<sup>th</sup> at 7PM in the Atrium.

### **Events**

**Teena's Treats-** Just in time for Easter, Teena's Treats will be selling their kiffles, cupcakes, cookies, and a variety of other baked goods on Thursday, April 2<sup>nd</sup> from 10AM-2PM in the Atrium.

**Live Painting Session-** Resident Sandra Corpora will be conducting a live painting session in which residents can watch on Friday, April 3<sup>rd</sup> at 2:30PM in the Activity Center. Residents are welcome to stay the whole time or stop by and visit to see the progress of the painting but are asked to be courteous while entering & leaving the Activity Center.

Sandra Corpora has a BFA in Painting from Kutztown University, receiving the prize for top fine art graduate. She paints primarily from life in the studio and outdoors on location.



**Line Dancing Lessons-** Join instructor Jamie Mendez as she leads you in learning 2 easy and fun absolute beginner line dances broken down step by step, with the opportunity to review the dances by the end of class.

Please sign up on the ICON App or call Life Enrichment.

- Tuesday, April 7<sup>th</sup> from 10-11AM in the Activity Center
- Tuesday, April 21<sup>st</sup> from 10-11AM in the Activity Center

**Welcome to the Village-** Meet our newest residents during this specialty happy hour on Friday, April 10<sup>th</sup> at 3PM in the Atrium.

**Moravian Academy Visit-** Students from Moravian Academy will visit on Friday, April 17<sup>th</sup> at 10:20AM to play a variety of games with residents such as Uno, word searches, and more!

**Game Day Gathering-** Residents can meet at the Community Event Center on Sunday, April 19<sup>th</sup> at 3PM to play a variety of games such as Yahtzee, Mexican train, Ping Pong, and more!

### **Movie Marathon**

**Movie Night-** Popcorn, candy, snacks, and more will be served on movie nights! Join Life Enrichment on the following nights:

- **Friday, April 3<sup>rd</sup> at 7PM in the Activity Center-**  
**Nomadland**
  - Following the closure of a gypsum mine in the rural Nevada town she calls home, Fern packs her van and sets off on the road. Exploring life as a modern-day nomad, Fern soon discovers a resilience and resourcefulness that present her with experiences unlike any she's known before. Along the way in this story of hope, she meets other nomads who become mentors in her life amidst the vast, sometimes breathtaking landscape of the American West.

- **Friday, April 10<sup>th</sup> at 7PM in the Community Event Center – Top Gun: Maverick**

- After more than thirty years of service as a top naval aviator, Pete “Maverick” Mitchell is where he belongs, pushing the envelope as a courageous test pilot. Yet, Maverick must confront the ghosts of his past when he returns to TOPGUN to train a group of elite graduates and comes face to face with Lt. Bradshaw, the son of his former wingman "Goose".



- **Friday, April 24<sup>th</sup> at 7PM in the Activity Center – Butch Cassidy and the Sundance Kid**

- In 1890s Wyoming, Butch Cassidy and The Sundance Kid lead a band of outlaws. When a train robbery goes wrong, they find themselves on the run with a posse hard on their heels.

### **Presentations & Discussions**

**Around the World with David-** Join David every Wednesday at 7PM in the Atrium for a discussion on a different country – each picked by residents.

**Dr. Joseph Szmania-** On Wednesday, April 1<sup>st</sup> at 2:30PM in the Main Dining Room, resident Joseph Szmania will present the final topic of his three-part series on “The Road Ahead for American Capitalism.”

**Green Voices: Students and Community in Conversation-** The Cottage Green Committee will host a panel with Moravian University Eco Club members to discuss their campus initiatives and perspectives on environmental issues on Wednesday, April 15 at 2:30 PM in the Main Dining Room.

## **Spiritual Life**

**Holy Thursday Service with Communion-** Chaplain Molly will be hosting a Service for Holy Thursday on Thursday, April 2nd at 2PM in the Chapel.

**Good Friday Service-** Chaplain Molly will be hosting a Service for Good Friday on Friday, April 3<sup>rd</sup> at 2PM in the Chapel.

**Easter Service & Communion-** Chaplain Molly will be hosting a Easter Service and Communion on Sunday, April 5<sup>th</sup> at 2PM in the Chapel.

**Adventures in Faith-** Join Chaplain Molly for a conversation regarding different faiths on Thursday, April 9<sup>th</sup> at 2PM in the Chapel.

**Catholic Mass-** The monthly service will be held on Tuesday, April 14<sup>th</sup> at 2PM in the Chapel.

**Episcopal Service-** The monthly service will be held on Friday, April 24<sup>th</sup> at 1PM in the Chapel.

**Labyrinth Walk-** Join Rev. Frances Preston on Tuesday, April 28<sup>th</sup> from 10AM-12PM in the Main Dining Room as she leads and teaches residents about walking a labyrinth, which is a healing, calming, and meditative practice.

## **Support Groups**

**Hearing Loss Support Group-** Hosted by David Seaman, this month's focus will be on how to properly and safely clean your hearing aids on Wednesday, April 1<sup>st</sup> at 1PM in the Chapel.

**Parkinson's Support Group**- Hosted by Virgen Quiñones and will take place on Monday, April 13<sup>th</sup> and 27<sup>th</sup> at 11AM in the Chapel.

**Men's Support Group**- Hosted by Rev. Dr. Mark Summer and will take place on Thursday, April 9<sup>th</sup> and 23<sup>rd</sup> at 10AM in the Chapel.

**Women's Caregiver Support Group** – Hosted by Kristel Seagreaves and will take place on Thursday, April 23<sup>rd</sup> at 3PM in the Chapel.

### **Wellness**

**Fitness Assessments**- Functional Pathways will hold another session of Fitness Assessments on Tuesday, April 14<sup>th</sup> from 10AM-2:30PM. To make an appointment please call Tonya at Ext. 236.

**Spring into Wellness**- Join Melissa Hetrick, certified nutrition specialist for The Art of Blending Workshop, focusing on smoothie prep using seasonal produce and the benefits on Saturday, April 18<sup>th</sup> at 11AM at the Community Event Center. To sign up please RSVP on the ICON App, or call Life Enrichment.

**DeSales University Health Fair**- Students from DeSales University's nursing program will have their health fairs on the following dates in the Atrium.

- Thursday, April 9<sup>th</sup> from 11AM-1PM
- Tuesday, April 21<sup>st</sup> from 11AM-1PM

# April Events & Activities

**Point 26 Suites:**

Activity Center • Atrium • Chapel • Esther’s Garden • Fitness Center • Gallery  
 Gloria’s Patio • Game Room • Library • Lounges • Main Dining Room •  
 Private Dining Room

**Market Street Cottages:**

Community Event Center • Larry’s Garden

**Life Enrichment:**

610-984-4729 | Kara’s Office: 610-625-4891 ext. 233

<b>Wednesday, 1<sup>st</sup> Chair Zumba is Cancelled</b>		
9-9:45AM	Circuit Training with Angie	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center
1-2PM	Hearing Loss Support Group <i>led by David Seaman</i>	Chapel
2:30PM	Dr. Joseph Szmania <i>presenting on “The Road Ahead for American Capitalism.”</i>	Main Dining Room
7-8PM	Around the World with David	Activity Center

<b>Thursday, 2<sup>nd</sup> Zentangle &amp; Happy Hour are Cancelled</b>		
9:30-10:15AM	Gentle Strength & Balance with Shelby	Wellness Room at Community Event Center
9:30-10:30AM	Tai Chi with Kevin	Activity Center
10AM-2PM	Teena’s Treats Easter Sale. <i>Kiffles, Brownies, Cupcakes, and more will be sold!</i>	Atrium
10:30-11:30AM	Suite Resident Association Meeting. <i>All Suite Residents are Welcome.</i>	Main Dining Room
11-11:45AM	Fit & Strong Bodybuilding with Angie	Wellness Room at Community Event Center
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
1-1:30PM	Meditation with Kristel	Chapel

<b>Thursday, 2<sup>nd</sup> (Continued)</b>		
1-1:45PM	Seated Exercise with Tonya	Activity Center
2-3PM	Ping Pong	Community Event Center
2PM	<b>Holy Thursday Service with Communion</b> <i>led by Chaplain Molly</i>	Chapel
2:30PM	<b>Easter Centerpiece Creation</b> <i>led by Kara</i>	Private Dining Room
6PM	<b>Passover Seder Dinner.</b> <i>Please call Dining at Ext. 335 for reservations.</i>	Upper Deck
7-8PM	<i>Great Courses with Bob Burcaw – “Wonders of the National Parks”</i>	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

<b>Friday, 3<sup>rd</sup> Chair Zumba &amp; Bingo is Cancelled</b>		
10-11AM	Community Coffee	Community Event Center
11AM-12PM	Cornhole	Atrium
11:30AM-12:15PM	Exercise with Tonya	Activity Center
2PM	<b>Good Friday Service</b> <i>led by Chaplain Molly</i>	Chapel
2:30PM	<b>Live Painting Demonstration</b> with resident Sandra Corpora	Activity Center
7PM	<b>Movie Night-</b> Nomadland	Activity Center

<b>Saturday, 4<sup>th</sup></b>		
9-10:30AM	Community Coffee	Atrium

<b>Sunday, 5<sup>th</sup></b>		
11:30AM-1:30PM	<b>Easter Lunch.</b> <i>Please call Dining at Ext. 335 for reservations.</i>	Main Dining Room
2PM	<b>Easter Sunday Service with Communion</b> <i>led by Chaplain Molly</i>	Chapel
2:45-3:30PM	Community Fellowship	Atrium

<b>Monday, 6<sup>th</sup> Chair Zumba, Full Body Stretch, and Circuit is Cancelled</b>		
9:15-9:45AM	Meditation with Kristel	Wellness Room at Community Event Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center

<b>Monday, 6<sup>th</sup> (Continued)</b>		
1-1:50PM	Bible Study with Rev. Dr. Mark Summer – The Gospel of John	Chapel
1:15-2:30PM	Intermediate Bridge	Card Room at Community Event Center
1:30-2:30PM	<b>New Day!</b> Community Bingo	HCC 1 <sup>st</sup> Floor Dining Room
2-3PM	Moravian Village Singers Choir Rehearsal	Atrium
3-4PM	Ping Pong	Community Event Center
7-8PM	Trivia with David	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

<b>Tuesday, 7<sup>th</sup> Yoga Tone is Cancelled</b>		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10-11AM	<b>Line Dancing Lessons</b> <i>led by Jamie</i>	Activity Center
10AM & 1PM	Grocery Shopping: Wegmans	Meet in the Atrium
1-1:45PM	Total Conditioning with Angie	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
2-3PM	<b>Greeting Card Creation</b> <i>led by Liz</i>	2 <sup>nd</sup> Floor North Lounge
3-4:30PM	Bell Choir Rehearsal	Activity Center
7-8PM	Great Courses with Martin Richter – <i>“The American West”</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center

<b>Wednesday, 8<sup>th</sup></b>		
9-9:45AM	Chair Zumba with Danny	Activity Center
9-9:45AM	Circuit Training with Angie	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center
7-8PM	Around the World with David	Activity Center

<b>Thursday, 9<sup>th</sup> Gentle Strength &amp; Balance is Cancelled</b>		
9:30-10:30AM	Tai Chi with Kevin	Activity Center
10AM	Support Group for Men <i>led by Rev. Dr. Mark Summer.</i>	Chapel
11-11:45AM	Fit & Strong Bodybuilding with Angie	Wellness Room at Community Event Center
11AM-1PM	<b>DeSales University Health Fair</b>	Atrium
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
1-1:30PM	Meditation with Kristel	Chapel
1-1:45PM	Seated Exercise with Tonya	Activity Center
1:15PM	<b>Broughal Buddies.</b> <i>Registered volunteers please RSVP on the ICON App, or contact Kara.</i>	Meet in the Atrium
1:30-3PM	Stitch & Chat	2 <sup>nd</sup> Floor North Lounge
2PM	<b>Adventures in Faith</b> <i>led by Chaplain Molly</i>	Chapel
2-3PM	Ping Pong	Community Event Center
2:30-4PM	Zentangle with Maryam	ZOOM (link in ICON Calendar)
6:40PM	<b>Bus Trip:</b> Freedom High School Spring Musical: Something Rotten	Meet in the Atrium at 6:40PM
7-8PM	Great Courses with Bob Burcaw – <i>“Wonders of the National Parks”</i>	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

<b>Friday, 10<sup>th</sup></b>		
9-9:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Chair Zumba with Danny	Activity Center
10-11AM	Community Coffee	Community Event Center
10:15AM	<b>Joy Readers.</b> <i>Registered volunteers, please RSVP on the ICON App or contact Kara.</i>	Meet in the Atrium
11AM-12PM	Neighborhood Conversations	Community Event Center
11AM-12PM	Cornhole	Atrium
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Bingo	Activity Center

<b>Friday, 10<sup>th</sup> (Continued)</b>		
3-4:30PM	<b>Welcome to the Village!</b> <i>Meet our newest residents.</i>	Atrium
7PM	<b>Movie Night-</b> Top Gun: Maverick	Community Event Center

<b>Saturday, 11<sup>th</sup></b>		
9-10:30AM	Community Coffee	Atrium
1-2:30PM	<b>Tea &amp; Tumbleweeds.</b> <i>Join Kara, Betsy, and Kate for a western-style plated tea party.</i>	Private Dining Room

<b>Sunday, 12<sup>th</sup></b>		
2PM	Worship with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium

<b>Monday, 13<sup>th</sup></b>		
9:15-9:45AM	Meditation with Kristel	Wellness Room at Community Event Center
10-10:45AM	Full Body Stretch with Jackie	
10-10:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
11AM-12PM	Parkinson's Support Group. <i>Hosted by Virgen Quiñones</i>	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-1:45PM	Circuit Training with Jackie	Activity Center
1-1:50PM	Bible Study with Rev. Dr. Mark Summer – The Gospel of John	Chapel
1:15-2:30PM	Intermediate Bridge	Card Room at Community Event Center
1:30-2:30PM	<b>New Day!</b> Community Bingo	HCC 1 <sup>st</sup> Floor Dining Room
2-3PM	Moravian Village Singers Choir Rehearsal	Atrium
3-4PM	Ping Pong	Community Event Center
7-8PM	Trivia with David	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

<b>Tuesday, 14<sup>th</sup></b>		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
9:30AM & 1:30PM	Grocery Shopping: Valley Farms	Meet in the Atrium
10-2:30PM	<b>Fitness Assessments with Functional Pathways.</b> <i>To make an appointment call Tonya at Ext. 236.</i>	Wellness Room
11:30AM-12:15PM	Yoga Tone with Cindy	Activity Center
11:30AM-1PM	<b>Bus Trip:</b> Bach at Noon at Central Moravian Church	Meet in the Atrium at 11:30AM
1-1:45PM	Total Conditioning with Angie	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
2PM	<b>Catholic Mass</b>	Chapel
2:30-3:30PM	<b>Greeting Cards with a Purpose</b> <i>led by Linda Lennon</i>	Card Room at the Community Event Center
3-4:30PM	Bell Choir Rehearsal	Activity Center
7-8PM	Great Courses with Martin Richter – <i>“The American West”</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center

<b>Wednesday, 15<sup>th</sup></b>		
9-9:45AM	Chair Zumba with Danny	Activity Center
9-9:45AM	Circuit Training with Jackie	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center
2:30PM	<b>Green Voices: Students and Community in Conversation.</b> <i>Join Moravian Village’s Green Committee &amp; Moravian University’s Eco Club for an engaging panel.</i>	Main Dining Room
5:30PM	<b>Bus Trip:</b> Liberty High School Theatre Spring Musical – Cinderella	Meet in the Atrium at 5:30PM
7-8PM	Around the World with David	Activity Center

<b>Thursday, 16<sup>th</sup></b>		
9:30-10:15AM	Gentle Strength & Balance with Shelby	Wellness Room at Community Event Center
9:30-10:30AM	Tai Chi with Kevin	Activity Center
11-11:45AM	Fit & Strong Bodybuilding with Angie	Wellness Room at Community Event Center
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
1-1:30PM	Meditation with Kristel	Chapel
1-1:45PM	Seated Exercise with Tonya	Activity Center
2-3PM	Ping Pong	Community Event Center
2:30-4PM	Zentangle with Maryam	ZOOM (link in ICON Calendar)
4-5:30PM	<b>Happy Hour.</b> <i>Non-Alcoholic Beverages are available!</i>	Community Event Center
6PM	<b>Chef's Table.</b> <i>Limited to 20 residents, cost of \$50. Meal Plans are not accepted. 5 Course Pairing Menu.</i>	Upper Deck
7-8PM	Great Courses with Bob Burcaw – <i>"Wonders of the National Parks"</i>	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

<b>Friday, 17<sup>th</sup></b>		
9-9:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Chair Zumba with Danny	Activity Center
10-11AM	Community Coffee	Community Event Center
10:20-11AM	<b>Moravian Academy Visit.</b> <i>Join students from Moravian Academy for a variety of games, word searches, and more!</i>	Atrium
11AM-12PM	Cornhole	Atrium
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Bingo	Activity Center
2:30PM	<b>Neighbors and Novels Book Club</b> <i>led by Kara &amp; Katelynn</i>	Activity Center
7PM	<b>Performance:</b> The Danny Grae Show	Atrium

<b>Saturday, 18<sup>th</sup></b>		
9-10:30AM	Community Coffee	Atrium
11AM-12PM	<b>Spring into Wellness – The Art of Blending, Smoothie 101 Prep</b>	Community Event Center

<b>Sunday, 19<sup>th</sup></b>		
2PM	Worship with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium
3-4PM	<b>Game Day Gathering.</b> <i>Play a variety of games such as Yahtzee, Mexican Train, Ping Pong &amp; more!</i>	Community Event Center

<b>Monday, 20<sup>th</sup> Chair Zumba is Cancelled</b>		
9:15-9:45AM	Meditation with Kristel	Wellness Room at Community Event Center
10-10:45AM	Full Body Stretch with Shelby	Activity Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-1:45PM	Circuit Training with Jackie	Activity Center
1-1:50PM	Bible Study with Rev. Dr. Mark Summer – The Gospel of John	Chapel
1:15-2:30PM	Intermediate Bridge	Card Room at Community Event Center
1:30-2:30PM	<b>New Day!</b> Community Bingo	HCC 1 <sup>st</sup> Floor Dining Room
2-3PM	Moravian Village Singers Choir Rehearsal	Atrium
3-4PM	Ping Pong	Community Event Center
7-8PM	Trivia with David	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

<b>Tuesday, 21<sup>st</sup></b>		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10-11AM	<b>Line Dancing Lessons</b> <i>led by Jamie</i>	Activity Center
10AM & 1PM	Grocery Shopping: Giant	Meet in the Atrium
11AM-1PM	<b>DeSales University Health Fair</b>	Atrium
11:30AM-12:15PM	Yoga Tone with Cindy	Activity Center
1-1:45PM	Total Conditioning with Angie	Wellness Room at Community Event Center

<b>Tuesday, 21<sup>st</sup> (Continued)</b>		
1-2PM	Billiards & Pool	Game Room
2:30PM	<b>Cowboy Caviar Creation</b> <i>led by Kara, Betsy, and Kate</i>	Community Event Center
3-4:30PM	Bell Choir Rehearsal	Activity Center
7-8PM	Great Courses with Martin Richter – <i>“The American West”</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center

<b>Wednesday, 22<sup>nd</sup> Chair Zumba is Cancelled</b>		
9-9:45AM	Circuit Training with Angie	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center
7-8PM	Around the World with David	Activity Center

<b>Thursday, 23<sup>rd</sup> Please note the Main Dining Room will be closed for dinner</b>		
9:30-10:15AM	Gentle Strength & Balance with Shelby	Wellness Room at Community Event Center
9:30-10:30AM	Tai Chi with Kevin	Activity Center
10AM	<b>Support Group for Men</b> <i>led by Rev. Dr. Mark Summer</i>	Chapel
11-11:45AM	Fit & Strong Bodybuilding with Angie	Wellness Room at Community Event Center
11AM-1:30PM	<b>Lunch Buffet.</b> <i>Please call Dining at Ext. 335 for reservations.</i>	Main Dining Room.
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
1-1:30PM	Meditation with Kristel	Chapel
1-1:45PM	Seated Exercise with Tonya	Activity Center
2-3PM	Ping Pong	Community Event Center
2:30-4PM	Zentangle with Maryam	ZOOM (link in ICON Calendar)
3-4PM	<b>Women’s Caregiver Support Group</b> <i>led by Kristel Seagreaves</i>	Chapel

<b>Thursday, 23<sup>rd</sup> (Continued)</b>		
3-4PM	Western Cookie Decorating <i>led by Sweet Girlz Bakery</i>	Activity Center
7-8PM	Great Courses with Bob Burcaw – <i>“Wonders of the National Parks”</i>	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

<b>Friday, 24<sup>th</sup> Chair Zumba is Cancelled</b>		
10-11AM	Community Coffee	Community Event Center
11AM-12PM	Cornhole	Atrium
11AM-12PM	Neighborhood Conversations	Community Event Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Bingo	Activity Center
1-1:30PM	Episcopal Service with Communion	Chapel
3-4:30PM	Happy Hour. <i>Non-Alcoholic Beverages are available!</i>	Atrium
7PM	Movie Night – Butch Cassidy and the Sundance Kid	Activity Center

<b>Saturday, 25<sup>th</sup></b>		
9-10:30AM	Community Coffee	Atrium
11AM	Bus Trip: Peddler’s Village. <i>Residents can shop, enjoy lunch, and view the Birdhouse Competition throughout the Village.</i>	Community Event Center

<b>Sunday, 26<sup>th</sup></b>		
2PM	Worship with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium

<b>Monday, 27<sup>th</sup> Circuit Training is Cancelled</b>		
9:15-9:45AM	Meditation with Kristel	Wellness Room at Community Event Center
10-10:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Full Body Stretch with Shelby	Activity Center

<b>Monday, 27<sup>th</sup> (Continued)</b>		
11AM-12PM	Parkinson's Support Group. <i>Hosted by Virgen Quiñones</i>	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-1:50PM	Bible Study with Rev. Dr. Mark Summer – The Gospel of John	Chapel
1:15-2:30PM	Intermediate Bridge	Card Room at Community Event Center
1:30-2:30PM	<b>New Day!</b> Community Bingo	HCC 1 <sup>st</sup> Floor Dining Room
2-3PM	Moravian Village Singers Choir Rehearsal	Atrium
3-4PM	Ping Pong	Community Event Center
6:30-7:30PM	Trivia with David	Activity Center
7:30-8:30PM	<b>Western Cocktail Tasting with Rob &amp; Kara</b>	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

<b>Tuesday, 28<sup>th</sup></b>		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10AM-12PM	<b>Labyrinth Walk.</b> <i>Join Rev. Frances Preston for a healing, calming, meditative practice of walking the labyrinth.</i>	Main Dining Room
10AM & 1PM	Grocery Shopping: Wegmans	Meet in the Atrium
11:30AM-12:15PM	Yoga Tone with Cindy	Activity Center
1-1:45PM	Total Conditioning with Angie	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
3-4:30PM	Bell Choir Rehearsal	Activity Center
7-8PM	Great Courses with Martin Richter – <i>"The American West"</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center

<b>Wednesday, 29<sup>th</sup></b>		
9-9:45AM	Chair Zumba with Danny	Activity Center
9-9:45AM	Circuit Training with Angie	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center
7-8PM	Around the World with David	Activity Center

<b>Thursday, 30<sup>th</sup></b>		
9:30-10:15AM	Gentle Strength & Balance with Shelby	Wellness Room at Community Event Center
9:30-10:30AM	Tai Chi with Kevin	Activity Center
11-11:45AM	Fit & Strong Bodybuilding with Angie	Wellness Room at Community Event Center
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
1-1:30PM	Meditation with Kristel	Chapel
1-1:45PM	Seated Exercise with Tonya	Activity Center
2-3PM	Ping Pong	Community Event Center
2:30-4PM	Zentangle with Maryam	ZOOM (link in ICON Calendar)
4-5:30PM	<i>Happy Hour. Non-Alcoholic Beverages are available!</i>	Community Event Center
7-8PM	Great Courses with Bob Burcaw – <i>“Wonders of the National Parks”</i>	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center