



Moravian Village
of Bethlehem

March
CALENDAR



Announcements

Saddle Up for our Wild West Soirée!

Howdy, we're dusting off our boots and tipping our hats to the incredible residents who make our community shine on Thursday, May 21st. This year's soirée theme is Wild West! Get ready to step into a night filled with western charm, rustic flair, and plenty of frontier fun.

Reservation & RSVP Reminders- Reservations/ RSVPs are required for all wellness classes, bus trips, community kitchen events, creative expression classes, wine tastings, and grocery shopping. Residents will RSVP to Life Enrichment or the ICON App for all classes, and to Teri Benner for grocery shopping.

Tech Tuesday- Resident Betsy Brommer will be available in the Atrium on Tuesdays from 10AM-12PM for support including help with ICON, filling out your biography, uploading a photo, and more!

Bus Trips

Bach at Noon- The Bach Choir will host their monthly performance at Central Moravian Church on Tuesday, March 10th. Residents will meet in the Atrium at 11:30AM.

America on Wheels Museum Tour- Residents must RSVP by 3/6. Tickets are \$16 and will be billed to your monthly statement. Enjoy a profound, educational, and immersive tribute to America's unique role in the evolution of the automobile and transportation in modern culture, to inspire and inform an enthusiastically mobile future on Friday, March 20th. Residents will meet in the Atrium at 1:30PM.

Community Kitchen

Irish Potato Candies- Irish potato candies are a Philadelphia-based, no-bake confection. Despite their name, they contain no potatoes; and are small, potato-shaped bites with a coconut cream cheese filling coated in cinnamon. Join Kara & Betsy in making these on Friday, March 6th at 2:30PM at the Community Event Center.

St. Patrick's Parfaits- Join Kara, Betsy, and Kate in creating St. Patrick's Day-inspired parfaits on Monday, March 16th at 3PM in the Private Dining Room.

Spring Crostini's- Betsy and Kate will lead a crostini-making class to usher in the spring by adding seasonal vegetables and other toppings to crostini on Saturday, March 28th at 1PM in the Community Event Center.

Creative Expressions

Shamrock Wreath Creation - Kara will lead a wreath-creation class using a beaded wreath, shamrocks, and other St. Patrick's-themed decor on Tuesday, March 3rd at 1PM in the Private Dining Room.

Greeting Cards- Liz will lead a class in creating three greeting cards on Monday, March 9th at 3PM in the 2nd Floor North Lounge.

Beading Class- Create a variety of different jewelry options with Cheryl on Tuesday, March 10th at 10AM in the Private Dining Room.

Stenciling Project- Linda Lennon & Nancy Young will lead a class on Tuesday, March 10th at 2:30PM in the Community Event Center.

Stamp Creation- Join Emma Ryan in crafting a stamp on Saturday, March 14th at 11AM in the Activity Center.

Cards with a Purpose- Linda Lennon will host a card-making class to create get-well-soon cards for others on Tuesday, March 24th at 2PM in the Community Event Center.

Dining

St. Patrick's Day Dinner- Celebrate St. Patrick's Day in the Dining Room on Tuesday, March 17th from 4:30-6PM. Please call Dining at Ext. 335 for reservations.

Wine Tasting- Sample a variety of wines led by Rob Irving on Monday, March 30th at 7:30PM in the Main Dining Room.

Entertainment

Matt DeBlass- Enjoy an hour of Irish folk favorites on Tuesday, March 17th at 7PM in the Atrium.

Pioneer Band of Allentown- Join the Pioneer Band for an hour filled with music celebrating Women's History Month on Wednesday, March 25th at 7PM in the Atrium.

Events

Game Day Gathering- Residents can meet at the Community Event Center on Sunday, March 15th at 3PM to play a variety of games such as Yahtzee, Mexican train, Ping Pong, and more!

Moravian Academy Visit- Join students from Moravian Academy in playing a variety of different games on Friday, March 20th at 10:20AM in the Atrium.

March Movie Marathon

Movie Night- Popcorn, candy, snacks, and more will be served on movie nights! Join Life Enrichment & Miriam on the following nights in the Activity Center:

- **Virgin River (Saturdays at 2:30PM)** - Seeking a fresh start, a nurse moves from Los Angeles to a remote Northern California town and is surprised by what and who she finds.
- **Mrs. Lambert Remembers Love (March 4th at 7PM)**- An Ailing grandmother and her orphaned grandson hit the road to find refuge from social services, which deems her unfit for custody of the 9-year-old.
- **Song Sung Blue (March 6th at 7PM)**- Mike and Claire are two down-on-their-luck musicians who prove that it's never too late to find love and follow your dreams. They form a Neil Diamond tribute band called Lightning and Thunder, rising from dive bar gigs to unexpected hometown stardom.
- **Flipped (March 11th at 7PM)**- Juli thinks Bryce is the love of her life. Bryce thinks Juli is annoying, but when Juli finally moves on, Bryce realizes he might've been wrong.
- **Hamnet (March 13th at 7PM)**- Hamnet tells the powerful story of love and loss that inspired the creation of Shakespeare's timeless masterpiece, Hamlet.
- **Take My Hand (March 18th at 7PM)**- An Australian woman is diagnosed with MS. After losing her job and the death of her husband, she moves home with her three sons.

Presentations & Discussions

Weather Discussion with David- As the temperatures warm up for the Spring season join David on Wednesday nights at 7PM in the Atrium for varied discussions surrounding the weather.

Dr. Joseph Szmania- On Wednesday, March 4th at 2:30PM in the Main Dining Room, resident Joseph Szmania will present the second of a three-part series on “Capitalism vs. Capitalism.”

AI Simplified by Beth Ritter-Guth- Beth Ritter-Guth is the Associate Dean of Online Learning & Educational Technology at Northampton Community College and an adjunct faculty member at DeSales University. Her program, "AI Simplified: Understanding Artificial Intelligence in Today's World" on Wednesday, March 18th at 2:30PM in the Main Dining Room will introduce AI basics, its integration into daily life, and its implications for the future.

Meet the Artist- Joe Garvey will lead a discussion on his artwork and his journey of becoming an artist on Saturday, March 21st at 11AM in the Atrium. His work is currently hanging on the first floor hallways in the Point 26 Suites building.

Community Presentation- A lot goes on at Moravian Village! Between special dining events, life enrichment opportunities, and staff connections, to "I have a concern; who do I speak with?" Come to the community presentation on March 25, at 2:30PM in the Main Dining Room to hear about how best you can connect, understand, and participate to remain, "in the know"!"

Spiritual Life

Lenten Vespers- Rev. Dr. Mark Summer will continue Lenten Vespers on Mondays at 7:30PM in the Chapel.

Moravian Holy Communion Service- Rev. Dr. Betsy Miller from Central Moravian Church will hold a holy communion service on Tuesday, March 3rd at 3PM in the Chapel.

Quarterly Memorial Service- On Sunday, March 8th at 2PM in the Chapel join us in remembering our residents who have passed away in the last quarter of the year.

Catholic Mass- The monthly service will be held on Tuesday, March 10th at 2PM in the Chapel.

Greg Funfgeld Performance- Greg will lead a hymn sing-along in the Atrium on Wednesday, March 11th at 2:30PM.

Adventures in Faith- Join Chaplain Molly for a conversation regarding different faiths on Thursday, March 12th at 2PM in the Chapel.

Episcopal Service- The monthly service will be held on Friday, March 27th at 1PM in the Chapel.

Support Groups

Hearing Loss Support Group- Hosted by David Seaman, this month's focus will be on how to properly and safely clean your hearing aids on Wednesday, March 4th at 1PM in the Chapel.

Parkinson's Support Group- Hosted by Virgen Quiñones and will take place on Monday, March 9th and 23rd at 11AM in the Chapel.

Men's Support Group- Hosted by Rev. Dr. Mark Summer and will take place on Thursday, March 12th and 26th at 10AM in the Chapel.

Wellness

Salad in a Jar Creation- Join Melissa in learning how to make a layered salad and the health benefits associated with different ingredients on Saturday, March 7th at 11AM in the Community Event Center.

Friday Stretch with Jackie- On Friday March 6th & Friday, March 27th Jackie will lead a stretch class at 9AM in the Activity Center.

Flex Fusion with Ashley- Join Ashley on Wednesday, March 18th at 9AM for a full body workout in the Wellness Room at the Community Event Center.

March Events & Activities

Point 26 Suites:

Activity Center • Atrium • Chapel • Esther's Garden • Fitness Center • Gallery
 Gloria's Patio • Game Room • Library • Lounges • Main Dining Room •
 Private Dining Room

Market Street Cottages:

Community Event Center • Larry's Garden

Life Enrichment:

610-984-4729 | Kara's Office: 610-625-4891 ext. 233

Sunday, 1st		
2PM	Worship & Communion with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium

Monday, 2nd		
9:15-9:45AM	Meditation with Kristel	Wellness Room at Community Event Center
10-10:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Full Body Stretch with Shelby	Activity Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-1:45PM	Circuit Training with Jackie	Activity Center
1-1:50PM	Bible Study with Rev. Dr. Mark Summer- Sermon on the Mount	Chapel
1:15-2:30PM	Intermediate Bridge	Card Room at Community Event Center
2-3PM	Moravian Village Singers Choir Rehearsal	Atrium
3-4PM	Ping Pong	Community Event Center
6:30-7:30PM	Trivia with David	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center
7:30-8:30PM	Lenten Vespers <i>led by Rev. Dr. Mark Summer</i>	Chapel

Tuesday, 3rd		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10AM & 1PM	Grocery Shopping: Giant	Meet in the Atrium
10AM-12PM	Tech Tuesday with Betsy. <i>Receive help with the ICON App, filling out your biography, photo, and more!</i>	Atrium
11:30AM-12:15PM	Yoga Tone with Jackie	Activity Center
1-1:45PM	Total Conditioning with Angie	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
1-2:30PM	Shamrock Wreath Creation <i>led by Kara</i>	Private Dining Room
1:30-2:30PM	Community Bingo	HCC 1 st Floor Dining Room
3-4:30PM	Bell Choir Rehearsal	Activity Center
3PM	Moravian Holy Communion Service <i>led by Rev. Dr. Betsy Miller from Central Moravian Church</i>	Chapel
7-8PM	Great Courses with Martin Richter – <i>“The American West: History, Myth, & Legacy”</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center

Wednesday, 4th		
9-9:45AM	Chair Zumba with Danny	Activity Center
9-9:45AM	Circuit Training with Angie	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center
1-2PM	Hearing Loss Support Group <i>led by David Seaman</i>	Chapel
2:30-3:30PM	Presentation: The Great Debates: Capitalism vs. Capitalism <i>presented by Dr. Joe Smzania</i>	Main Dining Room
7-8PM	Weather Discussion with David	Atrium

Wednesday, 4th (Continued)		
7PM	Movie Night- Mrs. Lambert Remembers Love	Activity Center

Thursday, 5th		
9:30-10:15AM	Gentle Strength & Balance with Shelby	Wellness Room at Community Event Center
9:30-10:30AM	Tai Chi with Kevin	Activity Center
11-11:45AM	Fit & Strong Bodybuilding with Angie	Wellness Room at Community Event Center
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
12-12:45PM	Mat-Mindful Movement with Ashley	Wellness Room at Community Event Center
1-1:30PM	Meditation with Kristel	Chapel
1-1:45PM	Seated Exercise with Tonya	Activity Center
2-3PM	Ping Pong	Community Event Center
2:30-4PM	Zentangle with Maryam	ZOOM (link in ICON Calendar)
4-5:30PM	Happy Hour. <i>Wine, Beer, Soda, and other refreshments are available.</i>	Community Event Center
7-8PM	Great Courses with Bob Burcaw – <i>“Wonders of the National Parks”</i>	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

Friday, 6th		
9-9:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
9-9:45AM	Friday Stretch with Jackie	Activity Center
10-10:45AM	Chair Zumba with Danny	Activity Center
10-11AM	Community Coffee	Community Event Center
10:15AM	Thomas Jefferson Joy Readers. <i>Volunteers please RSVP on the ICON App or contact Kara.</i>	Meet in the Atrium at 10:15AM
11AM-12PM	Cornhole	Atrium
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Bingo	Activity Center

Friday, 6th (Continued)		
2:30PM	Irish Potato Candy Creation <i>led by Kara and Betsy</i>	Community Event Center
7PM	Movie Night- Song Sung Blue	Activity Center

Saturday, 7th		
9-10:30AM	Community Coffee	Atrium
11AM-12PM	Salad-in-a-Jar Creation <i>led by Melissa. Learn how to make a layered salad and the health benefits of ingredients.</i>	Community Event Center
2:30PM	Saturday Series- Virgin Rivers	Activity Center

Sunday, 8th		
2PM	Quarterly Memorial Service with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium

Monday, 9th		
9:15-9:45AM	Meditation with Kristel	Wellness Room at Community Event Center
10-10:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Full Body Stretch with Shelby	Activity Center
11AM-12PM	Parkinson's Support Group. <i>Hosted by Virgen Quiñones</i>	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-1:45PM	Circuit Training with Angie	Activity Center
1-1:50PM	Bible Study with Rev. Dr. Mark Summer- Sermon on the Mount	Chapel
1:15-2:30PM	Intermediate Bridge	Card Room at Community Event Center
2-3PM	Moravian Village Singers Choir Rehearsal	Atrium
3-4PM	Greeting Card Creation <i>led by Liz</i>	2 nd Floor North Lounge
3-4PM	Ping Pong	Community Event Center

Monday, 9th (Continued)		
6:30-7:30PM	Trivia with David	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center
7:30-8:30PM	Lenten Vespers <i>led by Rev. Dr. Mark Summer</i>	Chapel

Tuesday, 10th		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
9:30AM & 1:30PM	Grocery Shopping: Valley Farms	Meet in the Atrium
10-11:15AM	Beading with Cheryl! <i>Create necklaces, earrings, or bracelets using a variety of beads.</i>	Private Dining Room
10AM-12PM	Tech Tuesday with Betsy. <i>Receive help with the ICON App, filling out your biography, photo, and more!</i>	Atrium
11:30AM-12:15PM	Yoga Tone with Cindy	Activity Center
11:30AM-1PM	Bus Trip: Bach at Noon at Central Moravian Church	Meet in the Atrium at 11:30AM
1-1:45PM	Total Conditioning with Angie	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
1:30-2:30PM	Community Bingo	HCC 1 st Floor Dining Room
2PM	Catholic Mass	Chapel
2:30-3:30PM	Stenciling Project <i>led by Linda Lennon & Nancy Young</i>	Community Event Center
3-4:30PM	Bell Choir Rehearsal	Activity Center
7-8PM	Great Courses with Martin Richter – <i>“The American West: History, Myth, & Legacy”</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center

Wednesday, 11th		
9-9:45AM	Chair Zumba with Danny	Activity Center
9-9:45AM	Circuit Training with Angie	Wellness Room at Community Event Center

Wednesday, 11th (Continued)		
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center
2:30-3:30PM	Spiritual Life Performance: Greg Funfgeld	Atrium
7-8PM	Weather Discussion with David	Atrium
7PM	Movie Night- Flipped	Activity Center

Thursday, 12th		
9:30-10:15AM	Gentle Strength & Balance with Shelby	Wellness Room at Community Event Center
9:30-10:30AM	Tai Chi with Kevin	Activity Center
10AM	Support Group for Men <i>led by Rev. Dr. Mark Summer</i>	Chapel
11-11:45AM	Fit & Strong Bodybuilding with Angie	Wellness Room at Community Event Center
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
12-12:45PM	Mat-Mindful Movement with Ashley	Wellness Room at Community Event Center
1-1:30PM	Meditation with Kristel	Chapel
1-1:45PM	Seated Exercise with Tonya	Activity Center
1:30-3PM	Stitch & Chat	2 nd Floor North Lounge
2-3PM	Ping Pong	Community Event Center
2-3PM	Adventures in Faith with Chaplain Molly	Chapel
2:30-4PM	Zentangle with Maryam	ZOOM (link in ICON Calendar)
7-8PM	Great Courses with Bob Burcaw – <i>“Wonders of the National Parks”</i>	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

Friday, 13th		
9-9:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Chair Zumba with Danny	Activity Center

Friday, 13th (Continued)		
10-11AM	Community Coffee	Community Event Center
11AM-12PM	Cornhole	Atrium
11AM-12PM	Neighborhood Conversations	Community Event Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Bingo	Activity Center
3-4:30PM	Happy Hour. <i>Wine, Beer, Soda, and other refreshments are available.</i>	Atrium
7PM	Movie Night- Hamnet	Activity Center

Saturday, 14th		
9-10:30AM	Community Coffee	Atrium
11AM-12:30PM	Stamp Creation <i>led by Emma Ryan</i>	Activity Center
2:30PM	Saturday Series- Virgin Rivers	Activity Center

Sunday, 15th		
2PM	Worship with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium
3PM	Game Day Gathering! <i>Play a variety of games such as Yahtzee, Mexican train, ping pong, and more.</i>	Community Event Center

Monday, 16th Chair Zumba is Cancelled		
9:15-9:45AM	Meditation with Kristel	Wellness Room at Community Event Center
10-10:45AM	Full Body Stretch with Shelby	Activity Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-1:45PM	Circuit Training with Angie	Activity Center
1-1:50PM	Bible Study with Rev. Dr. Mark Summer- Sermon on the Mount	Chapel
1:15-2:30PM	Intermediate Bridge	Card Room at Community Event Center
2-3PM	Moravian Village Singers Choir Rehearsal	Atrium
3-4PM	St. Patrick's Day Parfaits <i>led by Kara, Betsy, and Kate</i>	Private Dining Room
3-4PM	Ping Pong	Community Event Center

Monday, 16th (Continued)		
6:30-7:30PM	Trivia with David	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center
7:30-8:30PM	Lenten Vespers <i>led by Rev. Dr. Mark Summer</i>	Chapel

Tuesday, 17th Total Conditioning, Community Bingo, Great Courses, and Bingo are Cancelled		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10AM & 1PM	Grocery Shopping: Wegmans	Meet in the Atrium
10AM-12PM	Tech Tuesday with Betsy. <i>Receive help with the ICON App, filling out your biography, photo, and more!</i>	Atrium
11:30AM-12:15PM	Yoga Tone with Cindy	Activity Center
1-2PM	Billiards & Pool	Game Room
3-4:30PM	Bell Choir Rehearsal	Activity Center
4:30-6PM	St. Patrick's Day Dinner. <i>Please call Dining at Ext. 335 for reservations.</i>	Main Dining Room
7-8PM	Entertainment: Matt DeBlass <i>playing Irish folk favorites!</i>	Atrium
7-8PM	Present Heart Sangha Meditation	Chapel

Wednesday, 18th Chair Zumba, and Circuit Training are Cancelled		
9-9:45AM	Flex Fusion with Ashley	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center
2:30PM	Presentation: Beth Ritter- Guth <i>presenting on "AI Simplified: Understanding Artificial Intelligence in Today's World."</i>	Main Dining Room
7-8PM	Weather Discussion with David	Atrium
7PM	Movie Night – Take My Hand	Activity Center

Thursday, 19th Fit & Strong is Cancelled		
9:30-10:15AM	Gentle Strength & Balance with Shelby	Wellness Room at Community Event Center
9:30-10:30AM	Tai Chi with Kevin	Activity Center
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
12-12:45PM	Mat-Mindful Movement with Ashley	Wellness Room at Community Event Center
1-1:30PM	Meditation with Kristel	Chapel
1-1:45PM	Seated Exercise with Tonya	Activity Center
1:15PM	Broughal Buddies. <i>Volunteers please RSVP on the ICON App or contact Kara.</i>	Meet in the Atrium at 1:15PM
2-3PM	Ping Pong	Community Event Center
2:30-4PM	Zentangle with Maryam	ZOOM (link in ICON Calendar)
4-5:30PM	Happy Hour. <i>Wine, Beer, Soda, and other refreshments are available.</i>	Community Event Center
7-8PM	Great Courses with Bob Burcaw – <i>“Wonders of the National Parks”</i>	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

Friday, 20th Chair Zumba is Cancelled		
10-11AM	Community Coffee	Community Event Center
10:20AM	Moravian Academy Visit! <i>Students from Moravian Academy will bring a variety of games to play with residents.</i>	Atrium
11AM-12PM	Cornhole	Atrium
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Bingo	Activity Center
1:30-4PM	Bus Trip: <i>America on Wheels Museum. Residents must RSVP by Friday, March 6th. Tickets are \$16 and will be billed to your monthly statement.</i>	Meet in the Atrium at 1:30PM

Saturday, 21st		
9-10:30AM	Community Coffee	Atrium
11AM-12PM	Meet the Artist- Joe Garvey. <i>Learn more about his artwork currently hanging in the Point 26 Suites Building.</i>	Atrium
2:30PM	Saturday Series- Virgin Rivers	Activity Center

Sunday, 22nd		
2PM	Worship with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium

Monday, 23rd Trivia is Cancelled		
9:15-9:45AM	Meditation with Kristel	Wellness Room at Community Event Center
10-10:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Full Body Stretch with Shelby	Activity Center
11AM-12PM	Parkinson's Support Group. <i>Hosted by Virgen Quiñones</i>	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-1:45PM	Circuit Training with Jackie	Activity Center
1-1:50PM	Bible Study with Rev. Dr. Mark Summer- Sermon on the Mount	Chapel
1:15-2:30PM	Intermediate Bridge	Card Room at Community Event Center
2-3PM	Moravian Village Singers Choir Rehearsal	Atrium
3-4PM	Ping Pong	Community Event Center
7-9PM	Mahjong	Card Room at Community Event Center
7:30-8:30PM	Lenten Vespers <i>led by Rev. Dr. Mark Summer</i>	Chapel

Tuesday, 24th Community Bingo is Cancelled		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center

Tuesday, 24th (Continued)		
10AM & 1PM	Grocery Shopping: Giant	Meet in the Atrium
10AM-12PM	Tech Tuesday with Betsy. <i>Receive help with the ICON App, filling out your biography, photo, and more!</i>	Atrium
11:30AM-12:15PM	Yoga Tone with Cindy	Activity Center
1-1:45PM	Total Conditioning with Angie	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
2-3PM	Cards with a Purpose led by Linda Lennon	Community Event Center
3-4:30PM	Bell Choir Rehearsal	Activity Center
7-8PM	Great Courses with Martin Richter – <i>“The American West: History, Myth, & Legacy”</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center

Wednesday, 25th		
9-9:45AM	Chair Zumba with Danny	Activity Center
9-9:45AM	Circuit Training with Angie	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center
2:30PM	Community Presentation: Remaining “In the Know”	Main Dining Room
7-8PM	Performance: Pioneer Band of Allentown. <i>Join the Pioneer Band for a performance celebrating Women’s History Month.</i>	Atrium

Thursday, 26th		
9:30-10:15AM	Gentle Strength & Balance with Shelby	Wellness Room at Community Event Center
9:30-10:30AM	Tai Chi with Kevin	Activity Center

Thursday, 26th (Continued)		
10AM	Support Group for Men <i>led by Rev. Dr. Mark Summer</i>	Chapel
11-11:45AM	Fit & Strong Bodybuilding with Angie	Wellness Room at Community Event Center
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
12-12:45PM	Mat-Mindful Movement with Ashley	Wellness Room at Community Event Center
1-1:30PM	Meditation with Kristel	Chapel
1-1:45PM	Seated Exercise with Tonya	Activity Center
1:30-3PM	Stitch & Chat	2 nd Floor North Lounge
2-3PM	Ping Pong	Community Event Center
2:30-4PM	Zentangle with Maryam	ZOOM (link in ICON Calendar)
7-8PM	Great Courses with Bob Burcaw – <i>“Wonders of the National Parks”</i>	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

Friday, 27th		
9-9:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
9-9:45AM	Friday Stretch with Jackie	Activity Center
10-10:45AM	Chair Zumba with Danny	Activity Center
10-11AM	Community Coffee	Community Event Center
11AM-12PM	Cornhole	Atrium
11AM-12PM	Neighborhood Conversations	Community Event Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-1:30PM	Episcopal Service with Communion	Chapel
1-2PM	Bingo	Activity Center
3-4:30PM	Happy Hour. <i>Wine, Beer, Soda, and other refreshments are available.</i>	Atrium

Saturday, 28th		
9-10:30AM	Community Coffee	Atrium

Saturday, 28th (Continued)		
1-2:30PM	Spring Crostini's led by Betsy and Kate. Usher in the Spring by adding seasonal vegetables and other toppings to crostini!	Community Event Center
2:30PM	Saturday Series- Virgin Rivers	Activity Center

Sunday, 29th		
2PM	Worship with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium

Monday, 30th		
9:15-9:45AM	Meditation with Kristel	Wellness Room at Community Event Center
10-10:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Full Body Stretch with Shelby	Activity Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-1:45PM	Circuit Training with Jackie	Activity Center
1-1:50PM	Bible Study with Rev. Dr. Mark Summer- Sermon on the Mount	Chapel
1:15-2:30PM	Intermediate Bridge	Card Room at Community Event Center
2-3PM	Moravian Village Singers Choir Rehearsal	Atrium
3-4PM	Ping Pong	Community Event Center
6:30-7:30PM	Trivia with David!	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center
7:30-8:30PM	Lenten Vespers led by Rev. Dr. Mark Summer	Chapel
7:30-8:30PM	Wine Tasting with Rob!	Main Dining Room

Tuesday, 31st		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10AM & 1PM	Grocery Shopping: Valley Farms	Meet in the Atrium

Tuesday, 31st (Continued)		
10AM-12PM	Tech Tuesday with Betsy. <i>Receive help with the ICON App, filling out your biography, photo, and more!</i>	Atrium
11:30AM-12:15PM	Yoga Tone with Angie	Activity Center
1-1:45PM	Total Conditioning with Angie	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
1:30-2:30PM	Community Bingo!	HCC 1 st Floor Dining Room
3-4:30PM	Bell Choir Rehearsal	Activity Center
7-8PM	Great Courses with Martin Richter – <i>“The American West: History, Myth, & Legacy”</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center

