



Welcome
DECEMBER



December Highlights

Important Information



Holiday Events- In the Monthly Calendar Booklet, days that feature a holiday tree icon indicate the occurrence of a holiday event.

Advent Breakfast- Ring in the Holidays at the 57th Annual Community Advent Breakfast on Saturday, December 6th. Celebrate a beloved Bethlehem tradition at Moravian Village with a warm breakfast, festive music, and holiday cheer. Doors open at 8AM with programming beginning at 8:30AM.

Tickets are available for purchase at the front desk until November 30th

Lincoln Elementary Christmas Stocking Stuffers- Paper stockings with stocking stuffer suggestions are being hung on the Lincoln Elementary School Christmas tree by the front desk in the Atrium. **Buy a stocking stuffer and return it with paper stocking (no name) to the donation box in the Suites mailroom by December 8th.**

Punctuality for Events- Please be aware that if you are not on time for the start of a class or event with limited spaces your spot will be given to a resident on the waitlist. Coming in late for classes/workshops disrupts the flow of the class for other participants and the instructor. Thank you for your cooperation!

RSVPing for Events- Every Monday at 12:30PM classes will open for the following week. Please note that the following activities require registration. Residents can sign up via the ICON App, or by calling Life Enrichment.

- Wellness Classes
- Community Kitchen Classes
- Creative Expression Classes
- Bus Trips
- Grocery Shopping – RSVP to Teri at Ext. 331

Bus Trips

Christkindlmarkt- *RSVP Deadline Monday, December 1st* Shop dozens (and dozens) of artisan vendors, and enjoy festive treats and seasonal charm on Thursday, December 4th. Residents will meet in the Atrium at 2PM. Tickets are \$12 and will be billed to your monthly statement.

Advent & Christmas Concert- The Central Moravian Church Choir will be holding a performance on Saturday, December 6th. Residents will meet at 12:50PM in the Atrium. Tickets are at no cost, but donations to the church will be accepted.

Palmer Park Mall- Enjoy holiday shopping at the Palmer Park Mall at Boscov's, Bath & Body Works, and other stores on Thursday, December 11th. Residents will meet in the Atrium at 10AM.

Liberty High School Orchestra & Choir Annual Holiday Concert- Enjoy holiday music by Liberty High School on Friday, December 12th. Residents will meet in the Atrium at 9:05AM.

Downtown Bethlehem Loop- On Friday, December 12th from 3:30-5:30PM residents can visit Downtown Bethlehem and grab an early dinner at one of many restaurants, or shop at the Christmas Village Huts. Residents can meet at 3:30PM or 4:30PM.

Bethlehem Luminarias & Light Tour- On Saturday, December 13th, New Bethany Ministries will hold the Annual Luminaria Night. Meet in the Atrium at 4:30PM to board the bus to tour the Luminarias and holiday lights in our surrounding neighborhoods.

Downtown Bethlehem Loop- On Wednesday, December 17th from 11AM-2PM residents can visit Downtown Bethlehem and grab lunch at one of many restaurants, or shop at the Christmas Village Huts. Residents can meet at 11AM, 12PM, or 1PM to go downtown.

Central Moravian Church Putz- Join us in visiting the Central Moravian Church for their traditional Putz display on Thursday, December 18th. Residents will Meet in the Atrium at 3PM.

Community Kitchen

RSVP on the ICON App, or by calling Life Enrichment. Registration will open a week before each event on Monday at 12:30PM.

Gifts from the Kitchen- Residents Betsy and Kate will host a class on where residents will create and decorate three food gifts, ready for sharing on Saturday, December 6th at 1PM at the Community Event Center.

Creative Expressions

RSVP on the ICON App, or by calling Life Enrichment. Registration will open a week before each event on Monday at 12:30PM.

Greeting Cards- Liz will lead residents in creating three greeting cards to take home on Monday, December 1st at 3PM in the 2nd Floor North Lounge.

Snowman Door Hanger- Join Kara on Wednesday, December 3rd at 2:30PM in the Activity Center to create a snowman door hanger.

Winter Starry Night Watercolor Creation- Emma Ryan will teach residents how to use watercolor to create a Wintery Starry Night scene on Saturday, December 13th at 11AM in the Activity Center.

Natural Holiday Decoration- Betsy, Kate, and Kara will lead residents in creating a small Christmas decoration that can be used as decoration, an ornament, and more for residents to take home on Monday, December 15th at 2:30PM in the Private Dining Room.

Christmas Floral Arrangements- Nancy Miltenberger will demonstrate the basics of floral arrangements using fresh flowers and greenery. Explore your creativity by designing your own holiday arrangement to enjoy at home on Monday, December 15th at 3:30PM in the Private Dining Room.

Christmas Decoupage Ornament- Linda Lennon will lead residents in creating a Christmas Ornament using a Decoupage method on Tuesday, December 16th at 2:30PM at the Community Event Center.

Dining

Resident Holiday Party- Happy hour will begin at 3:30PM in the Atrium prior to the start of the dinner. Seating times are 4:30PM and 5:30PM in the Main Dining Room on Thursday, December 11th. Please call Dining Services at Ext. 335 for reservations. Music by Fine & Mellow to follow at 7PM!

Christmas Eve Luncheon- Seating times are 11:30AM, 12PM, 12:30PM, 1PM, 1:30PM. Please call Dining Services at Ext. 335 for reservations.

Christmas Day Luncheon- Seating times are 11:30AM, 12PM, 12:30PM, 1PM, 1:30PM. Please call Dining Services at Ext. 335 for reservations.

New Year's Eve Dinner- Seating times are 4:30PM, 5PM, 5:30PM, and 6PM. Please call Dining Services at Ext. 335 for reservations.

Discussions

Grief Share & Support- Wendy Littner Thomson will lead a discussion around grief, loss, and encourage residents to share their experiences on Friday, December 12th at 2PM in the Chapel.

Winter Weather with David- David Seaman, Life Enrichment Manager will discuss winter weather at 7PM in the Atrium on the following days.

- Wednesday, December 10th
- Wednesday, December 17th

Events

Holiday Decorating- Residents can help get Moravian Village in the Holiday Spirit by decorating the Atrium, Gallery, Main Dining Room, Foyer, and Community Event Center on the following days.

- Monday, December 1st at 11AM (Point 26)
- Tuesday, December 2nd at 2PM (Community Event Center)

Trivia with David- On Mondays at 6:30PM in the Atrium David will host trivia on a variety of topics.

Teena's Treats Bake Sale- Kiffles, Cupcakes, Cookies, and more will be for sale in the Atrium on Thursday, December 4th from 10AM-1PM.

Farewell to Tracy Happy Hour- Join us in celebrating Tracy on Friday, December 5th from 3-4:30PM in the Atrium.

Livestream of Moravian University Vespers- Christmas Vespers is an opportunity for the campus community at Moravian University to share in the beautiful candlelight ceremony that is distinctive of the Moravian tradition. Watch the livestream in the Main Dining Room of the ceremony on Sunday, December 14th with prelude music beginning at 7:30PM, and the service starting at 8PM.

Wrapping of Lap Robes- Help Chaplain Molly and the Healthcare team in preparing blankets made by our residents for those in the Healthcare Center on Monday, December 15th at 2:30PM in the Healthcare 1st Floor Dining Room. Residents will participate in wrapping and packaging the lap robes for distribution.

Holiday Attire Happy Hour- Wear your best holiday attire for happy hour on Friday, December 19th from 3-4:30PM in the Atrium.

Holiday Entertainment

Pioneer Band- The 36-piece band returns for a holiday rendition of music on Wednesday, December 3rd at 7PM in the Atrium.

Moravian Village Singers Holiday Concert- Our very own resident choir presents their annual holiday concert on Monday, December 8th at 2PM in the Atrium.

Moravian Village Ringers- The resident bell choir will present their annual holiday concert on Tuesday, December 9th at 3PM in the Atrium.

Fine & Mellow- Following the Resident Holiday Party on Thursday, December 11th enjoy music from Fine & Mellow at 7PM in the Atrium.

Moravian Academy Bell Ringers- Moravian Academy's student-run bell choir is coming to Moravian Village for a performance on Tuesday, December 16th at 1:30PM in the Atrium.

Really Terrible Orchestra- The Really Terrible Orchestra, also known as "RTO" returns for a holiday performance on Thursday, December 18th at 7PM in the Atrium.

Danny Grae Show- On Saturday, December 20th at 2:30PM in the Atrium Danny Grae will perform a holiday performance.

New Year's Eve Celebration- Dance the night away with DJ Steel from 6-9PM on Wednesday, December 31st in the Atrium.

Spiritual Life

Advent Vespers-Advent Vespers with Rev. Dr. Mark Summer will take place on Monday evening at 7:30PM beginning on Monday, December 1st in the Chapel through the season of Advent.

Greg Funfgeld- Join Greg Funfgeld for a sing-along of hymns on Wednesday, December 10th at 2:30PM in the Atrium.

Christmas Eve Service- Chaplain Molly and Rev. Dr. Mark Summer will lead a service on Wednesday, December 24th at 2PM in the Chapel.

Christmas Day Service- Chaplain Molly and Rev. Dr. Mark Summer will lead a service on Wednesday, December 24th at 10AM in the Atrium.

Support Groups

Hearing Loss Support Group- David will be leading a Hearing Loss Support Group on the Wednesday, December 3rd at 1PM in the Chapel.

Parkinson's Support Group- Virgen Quiñones, Director of Social Services will be leading a Parkinson's Support Group on the following dates.

- Thursday, December 4th at 11:30AM in the Chapel
- Thursday, December 18th at 11AM in the Chapel

Support Group for Men- Rev. Dr. Mark Summer will be leading a support group for men on Thursday, December 11th at 10AM in the Chapel.

Wellness

Gentle Strength and Balance with Shelby- Formerly known as total conditioning this class takes place on Thursdays at 9AM at the Community Event Center and focuses on a low-impact workout designed to improve mobility, stability, and confidence through a combination of strength exercises, balance, and flexibility training

Channel 100 Schedule

Every day, residents can tune in to Channel 100 to enjoy a diverse range of videos, including wellness programs to follow along with and weekly chapel services. The Wellness Videos can also be found on the ICON App under the Wellness Section.

Wellness Classes:

10AM Exercise with Tonya

11AM Qigong with Kevin

12PM Yoga with Deanna

December Events

Located in Point 26 Suites:

Activity Center Atrium Chapel Gallery Game Room
Library Lounges Main Dining Room Esther's Garden
Gloria's Patio

Located in Market Street Cottages:

Community Event Center Larry's Garden

Life Enrichment Number: 610-984-4729 or 610-625-4891 ext. 233



Monday, 1st Chair Zumba is Cancelled		
9:15-9:45AM	Meditation with Kristel Seagreaves, <i>Care Coordinator</i>	Wellness Room at Community Event Center
10-10:45AM	Full Body Stretch with Shelby	Activity Center
11AM	Holiday Decorating! <i>Join Life Enrichment & Staff in Decorating.</i>	Atrium, Gallery, Main Dining Room, and Foyer
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-1:45PM	Circuit Training with Jackie	Activity Center
1-1:50PM	Bible Study with Rev. Dr. Mark Summer- Sermon on the Mount	Chapel
1:15-2:30PM	Intermediate Bridge	Card Room at Community Event Center
2-3PM	Moravian Village Singers Choir Rehearsal	Atrium
3-4PM	Ping Pong	Community Event Center
3-4PM	Greeting Card Creation <i>led by Liz</i>	2 nd Floor North Lounge
6:30-7:30PM	Trivia Night with David!	Atrium
7-9PM	Mahjong	Card Room at Community Event Center
7:30PM	Advent Vespers <i>led by Rev. Dr. Mark Summer</i>	Chapel



Tuesday, 2nd		
9: 30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10AM & 1PM	Grocery Shopping: Valley Farms	Meet in the Atrium
11:30AM-12:15PM	Yoga Tone with Cindy	Activity Center
1-1:45PM	Total Conditioning with Angie	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
1:30-2:30PM	Community Bingo!	Activity Center
2-4PM	Mahjong	Card Room at Community Event Center
2PM	Holiday Decorating! <i>Join Life Enrichment & Staff in Decorating</i>	Community Event Center
3-4:30PM	Bell Choir Rehearsal	Activity Center
7-8PM	Great Courses with Martin Richter <i>"Why Insects Matter: Earth's Most Essential Species"</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center



Wednesday, 3rd Discussions with David is Cancelled		
9-9:45AM	Chair Zumba with Danny	Activity Center
9-9:45AM	Circuit Training with Angie	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel Seagreaves, <i>Care Coordinator</i>	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Hearing Loss Support Group <i>led by David Seaman</i>	Chapel
1-2PM	Yoga with Deanna	Activity Center
2:30PM	Snowman Door Hanger Creation <i>led by Kara Kitchen</i>	Activity Center
7-8PM	Performance: Pioneer Band of Allentown	Atrium

**Thursday, 4th Gentle Strength & Balance, Fit & Strong, Mat Mindful Movement, and Ping Pong are Cancelled**

9:30-10:30AM	Tai Chi with Kevin	Activity Center
10AM-1PM	Teena's Treats Bake Sale! <i>Kiffles, Cupcakes, Cookies, and more!</i>	Atrium
10:30-11:30AM	Suite Association Meeting. <i>All suite residents are welcome.</i>	Main Dining Room
11:30AM	Adjusted Time: Parkinsons Support Group <i>led by Virgen Quiñones</i>	Chapel
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
1-1:30PM	Meditation with Kristel Seagreaves, <i>Care Coordinator</i>	Chapel
1-1:45PM	Seated Exercise with Tonya	Activity Center
2PM	Bus Trip: Christkindlmarkt	Meet in the Atrium
2:30-4PM	Zentangle with Maryam	ZOOM (link in ICON Calendar)
7-8PM	Great Courses with Bob Burcaw	Activity Center
7-9PM	Mahjong	Card Room at Community Event Center

**Friday, 5th Chair Zumba at the CEC & Community Coffee is Cancelled**

10-10:45AM	Chair Zumba with Danny	Activity Center
10:15AM	Joy Readers at Thomas Jefferson. <i>Registered Volunteers please Meet in the Atrium at 10:15AM.</i>	Meet in the Atrium
11AM-12PM	Cornhole	Atrium
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Bingo	Activity Center
3-4:30PM	Farewell to Tracy Happy Hour! <i>Non-Alcoholic Beverages are Available.</i>	Atrium
7PM	Movie Night- Best Christmas Ever	Activity Center

**Saturday, 6th Community Coffee is Cancelled**

8-10AM	Advent Breakfast. <i>For residents who have previously purchased tickets. Doors open at 8AM, program begins at 8:30AM.</i>	Main Dining Room
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Saturday, 6th (Continued)

12:50PM	Bus Trip: Advent & Christmas Concert by the Central Moravian Church Choir	Meet in the Atrium
1-2:30PM	Gifts from the Kitchen <i>led by Betsy & Kate (The Community Kitchen)</i>	Community Event Center

**Sunday, 7th**

2PM	Sunday Worship and Communion with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium
7:15PM	Movie Night – Miracle on 34 th Street	Activity Center

**Monday, 8th Bible Study is Cancelled**

9:15-9:45AM	Meditation with Kristel Seagreaves, <i>Care Coordinator</i>	Wellness Room at Community Event Center
10-10:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Full Body Stretch with Shelby	Activity Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-1:45PM	Circuit Training with Jackie	Activity Center
1:15-2:30PM	Intermediate Bridge	Card Room at Community Event Center
2-3PM	Performance: Moravian Village Singers Choir Concert	Atrium
3-4PM	Ping Pong	Community Event Center
6:30-7:30PM	Trivia Night with David!	Atrium
7-9PM	Mahjong	Card Room at Community Event Center
7:30PM	Advent Vespers <i>led by Rev. Dr. Mark Summer</i>	Chapel



Tuesday, 9th		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10AM & 1PM	Grocery Shopping: Wegmans	Meet in the Atrium
11:30AM-12:15PM	Yoga Tone with Cindy	Activity Center
1-1:45PM	Total Conditioning with Angie	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
1:30-2:30PM	Community Bingo!	Activity Center
2-2:30PM	Catholic Mass	Chapel
2-4PM	Mahjong	Card Room at Community Event Center
3PM	Performance: Bell Choir Concert	Activity Center
7-8PM	Great Courses with Martin Richter <i>"Why Insects Matter: Earth's Most Essential Species"</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center



Wednesday, 10th Circuit Training is Cancelled		
9-9:45AM	Chair Zumba with Danny	Activity Center
10-11AM	Qigong with Kevin	Activity Center
10:45-11:15AM	Meditation with Kristel Seagreaves, <i>Care Coordinator</i>	Chapel
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center
2:30PM	Performance: Greg Fungeld	Atrium
7-8PM	Discussions with David – Winter Weather	Atrium



Thursday, 11th Great Courses & Mahjong are Cancelled		
9:30-10:15AM	New Name! Gentle Strength and Balance with Shelby	Wellness Room at Community Event Center
9:30-10:30AM	Tai Chi with Kevin	Activity Center
10AM	Support Group for Men. <i>Hosted by Rev. Dr. Mark Summer.</i>	Chapel
10AM-12:30PM	Bus Trip: Palmer Park Mall. <i>Shop at Boscov's, Bath & Body Works, and other stores.</i>	Meet in the Atrium
11-11:45AM	Fit & Strong Bodybuilding with Angie	Wellness Room at Community Event Center
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
12-12:45PM	Mat-Mindful Movement with Ashley	Wellness Room at Community Event Center
1-1:30PM	Meditation with Kristel Seagreaves, <i>Care Coordinator</i>	Chapel
1-1:45PM	Seated Exercise with Tonya	Activity Center
1:30-3PM	Stitch & Chat	2 nd Floor North Lounge
2-3PM	Ping Pong	Community Event Center
2:30-4PM	Zentangle with Maryam	ZOOM (link in ICON Calendar)
4:30 & 5:30PM	Resident Holiday Party. <i>4:30PM and 5:30PM buffet seating is available. Please call Dining Services at Ext. 335 for reservations.</i>	Main Dining Room
7PM	Music & Dancing with <i>Fine & Mellow</i>	Atrium



Friday, 12th Chair Zumba is Cancelled		
9:05AM	Bus Trip: Liberty High School Orchestra & Choir Annual Holiday Concert	Meet in the Atrium
10-11AM	Community Coffee	Community Event Center
11AM-12PM	Cornhole	Atrium
11AM-12PM	Neighborhood Conversations	Community Event Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Bingo	Activity Center

Friday, 12th (Continued)		
2PM	Grief Share & Support <i>led by Wendy Littner Thomson</i>	Chapel
3:30-5:30PM	Downtown Bethlehem Loop. <i>Depart Moravian at 3:30PM or 4:30PM.</i>	Meet in the Atrium
7PM	Movie Night- It's a Wonderful Life	Activity Center



Saturday, 13th		
9-10:30AM	Community Coffee	Atrium
11AM-12:30PM	Winter Starry Night Watercolor Creation <i>led by Emma Ryan.</i>	Activity Center
4:30PM	Bus Trip: Luminarias & Holiday Lights Tour	Meet in the Atrium



Sunday, 14th		
2PM	Sunday Worship with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium
7:30PM	Livestream of Moravian University Vespers. <i>Prelude music begins at 7:30PM, service begins at 8PM.</i>	Main Dining Room



Monday, 15th		
9:15-9:45AM	Meditation with Kristel Seagreaves, <i>Care Coordinator</i>	Wellness Room at Community Event Center
10-10:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Full Body Stretch with Shelby	Activity Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-1:45PM	Circuit Training with Jackie	Activity Center
1-1:50PM	Bible Study with Rev. Dr. Mark Summer- Sermon on the Mount	Chapel
1:15-2:30PM	Intermediate Bridge	Card Room at Community Event Center

Monday, 15th (Continued)		
2:30-3:30PM	Wrapping of Lap Robes for the Healthcare Center <i>led by Chaplain Molly</i>	Healthcare 1 st Floor Dining Room
2:30-3:30PM	Natural Holiday Decoration <i>led by Kate, Betsy, and Kara.</i>	Private Dining Room
3-4PM	Ping Pong	Community Event Center
3:30-4:30PM	Christmas Floral Arrangements <i>led by Nancy M.</i>	Private Dining Room
6:30-7:30PM	Trivia Night with David!	Atrium
7-9PM	Mahjong	Card Room at Community Event Center
7:30PM	Advent Vespers <i>led by Rev. Dr. Mark Summer</i>	Chapel



Tuesday, 16th Yoga Tone & Community Bingo are Cancelled		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10AM & 1PM	Grocery Shopping: Giant	Meet in the Atrium
1-1:45PM	Total Conditioning with Angie	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
1:30PM	Performance: Moravian Academy Bell Ringers	Atrium
2-4PM	Mahjong	Card Room at Community Event Center
2:30PM	Christmas Decoupage Ornament <i>led by Linda Lennon</i>	Community Event Center
7-8PM	Great Courses with Martin Richter <i>"Why Insects Matter: Earth's Most Essential Species"</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center



Wednesday, 17th		
9-9:45AM	Chair Zumba with Danny	Activity Center
9-9:45AM	Circuit Training with Angie	Wellness Room at Community Event Center
10-11AM	Qigong with Kevin	Activity Center
10:20AM	Moravian Academy Visit! <i>Play cards, and other games with students from their Senior Citizens Group.</i>	Atrium
10:45-11:15AM	Meditation with Kristel Seagreaves, Care Coordinator	Chapel
11AM-2PM	Downtown Bethlehem Loop. <i>Depart Moravian at 11AM, 12, or 1PM.</i>	Meet in the Atrium
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Yoga with Deanna	Activity Center
7-8PM	Discussions with David – Winter Weather	Atrium



Thursday, 18th Meditation & Great Courses are Cancelled		
9:30-10:15AM	New Name! Gentle Strength and Balance with Shelby	Wellness Room at Community Event Center
9:30-10:30AM	Tai Chi with Kevin	Activity Center
11AM	Parkinsons Support Group <i>led by Virgen Quiñones</i>	Chapel
11-11:45AM	Fit & Strong Bodybuilding with Angie	Wellness Room at Community Event Center
11:30AM-12:30PM	Strength & Stretch with Denise	Activity Center
12-12:45PM	Mat-Mindful Movement with Ashley	Wellness Room at Community Event Center
1-1:45PM	Seated Exercise with Tonya	Activity Center
1:15PM	Broughal Buddies. <i>Registered Volunteers please Meet in the Atrium at 1:15PM.</i>	Meet in the Atrium
2-3PM	Ping Pong	Community Event Center
2:30-4PM	Zentangle with Maryam	ZOOM (link in ICON Calendar)

Thursday, 18th (Continued)		
3PM	Bus Trip: Central Moravian Putz	Meet in the Atrium
7PM	Performance: Really Terrible Orchestra	Atrium
7-9PM	Mahjong	Card Room at Community Event Center



Friday, 19th		
9-9:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Chair Zumba with Danny	Activity Center
10-11AM	Community Coffee	Community Event Center
11AM-12PM	Cornhole	Atrium
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Bingo	Activity Center
3-4:30PM	Holiday Sweater Happy Hour! <i>Wear your most festive holiday garb for a chance to win prizes!</i>	Atrium
7PM	Movie Night- White Christmas	Activity Center



Saturday, 20th		
9-10:30AM	Community Coffee	Atrium
1PM	Performance: Danny Grae	Atrium



Sunday, 21st		
2PM	Sunday Worship with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium
7:15PM	Movie Night – A Christmas Carol	Activity Center



Monday, 22nd Meditation & Circuit Training is Cancelled		
10-10:45AM	Chair Zumba with Danny	Lower Level of Community Event Center
10-10:45AM	Full Body Stretch with Shelby	Activity Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center

Monday, 22nd (Continued)		
1-1:50PM	Bible Study with Rev. Dr. Mark Summer- Sermon on the Mount	Chapel
1:15-2:30PM	Intermediate Bridge	Card Room at Community Event Center
3-4PM	Ping Pong	Community Event Center
6:30-7:30PM	Trivia Night with David!	Atrium
7-9PM	Mahjong	Card Room at Community Event Center
7:30PM	Advent Vespers <i>led by Rev. Dr. Mark Summer</i>	Chapel

Tuesday, 23rd		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10AM & 1PM	Grocery Shopping: Valley Farms	Meet in the Atrium
11:30AM-12:15PM	Yoga Tone with Cindy	Activity Center
1-1:45PM	Total Conditioning with Angie	Wellness Room at Community Event Center
1-2PM	Billiards & Pool	Game Room
1:30-2:30PM	Community Bingo!	Activity Center
2-4PM	Mahjong	Card Room at Community Event Center
7-8PM	Great Courses with Martin Richter <i>"Why Insects Matter: Earth's Most Essential Species"</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center



Wednesday, 24th		
<i>All regularly scheduled programming has been cancelled for the Holiday</i>		
11:30AM-1:30PM	Christmas Eve Lunch. <i>Please call Dining Services at Ext. 335 for reservations.</i>	Main Dining Room
2PM	Christmas Eve Service <i>with Chaplain Molly & Rev. Dr. Mark Summer</i>	Chapel



Thursday, 25th Merry Christmas!

All regularly scheduled programming has been cancelled for the Holiday

10AM	Christmas Day Service with Chaplain Molly & Rev. Dr. Mark Summer	Atrium
11:30AM-1:30PM	Christmas Lunch. Please call Dining Services at Ext. 335 for reservations.	Main Dining Room

Friday, 26th Chair Zumba is Cancelled

10-11AM	Community Coffee	Community Event Center
11AM-12PM	Cornhole	Atrium
11AM-12PM	Neighborhood Conversations	Community Event Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-2PM	Bingo	Activity Center
7PM	Movie Night- Love Actually	Activity Center

Saturday, 27th

9-10:30AM	Community Coffee	Atrium
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Sunday, 28th

2PM	Sunday Worship with Chaplain Molly	Chapel
2:45-3:30PM	Community Fellowship	Atrium
7:15PM	Movie Night – One Special Night	Activity Center

Monday, 29th Chair Zumba and Meditation are Cancelled

10-10:45AM	Full Body Stretch with Shelby	Activity Center
11:30AM-12:15PM	Exercise with Tonya	Activity Center
1-1:45PM	Circuit Training with Jackie	Activity Center
1-1:50PM	Bible Study with Rev. Dr. Mark Summer- Sermon on the Mount	Chapel
1:15-2:30PM	Intermediate Bridge	Card Room at Community Event Center
3-4PM	Ping Pong	Community Event Center
7-8PM	Trivia Night with David!	Atrium
7-9PM	Mahjong	Card Room at Community Event Center

Tuesday, 30th Total Conditioning is Cancelled		
9:30-10:30AM	Tai Chi with Kevin	Wellness Room at Community Event Center
10AM & 1PM	Grocery Shopping: Wegmans	Meet in the Atrium
11:30AM-12:15PM	Yoga Tone with Cindy	Activity Center
1-2PM	Billiards & Pool	Game Room
1:30-2:30PM	Community Bingo!	Activity Center
2-4PM	Mahjong	Card Room at Community Event Center
7-8PM	Great Courses with Martin Richter <i>"Why Insects Matter: Earth's Most Essential Species"</i>	Lower Level of Community Event Center
7-8PM	Present Heart Sangha Meditation	Chapel
7-8:30PM	Bingo	Activity Center



Wednesday, 31st Happy New Year's Eve! All Regularly Scheduled Programs have been Cancelled		
4:30-6PM	New Year's Eve Dinner. <i>Please call Dining Services at Ext. 335 for reservations.</i>	Lower Level of Community Event Center
6-9PM	New Year's Eve Celebration! <i>Dance the night away with DJ Steel.</i>	Atrium